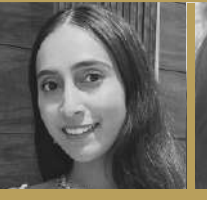
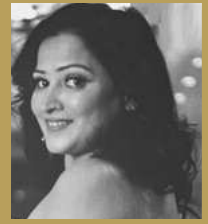


THE INDIAN ACHIEVER'S CLUB

33 WOMEN ACHIEVERS OF INDIA

2023
EDITION II

In association with Ministry of women and child





ABOUT

Established in 1966 as Sahitya Bharti Trust, was then one of the biggest networking and socialising clubs in the city. The Trust was a collaborative effort by three aspiring entrepreneurs – Shri Shirish Mehta, Shri Jaivadan Takhtawala and Shri R.R Sheth, who translated the concept of networking clubs by having over 5000 members at once. The sole idea behind initiating this club was networking for businessmen and professionals to help them bring out better thoughts and strategies which in turn helped them to do better socially as well as professionally.

Today 54 years later, a team of like-minded new age entrepreneurs and professionals have come together giving a modern facelift to the networking club. This 2.0 version of the club is taking all the activities online, making available for its members who are spread across various regions of India and abroad. The initiative is in its new avatar with a modern approach, while keeping the ideology of appreciating the achievers in the society. We call the organisation – The Indian Achiever's Club.

Chaired by Harsh Vaidya an ecopreneur by profession with over 15 years of experience in brand communication and entrepreneurship, the organisation has a managing committee which includes a team of highly experienced entrepreneurs, strategists, professionals and experts in the field of creativity.

The main purpose of the club is to recognize the efforts of achievers, who have sailed through numerous social baisses and today have established themselves in their respective fields. The club has come up with various initiatives which will bring the unsung achievers from around the country on a platform, where they can share their journey in front of the world.



33 WOMEN ACHIEVERS OF INDIA

WINNERS 2023

THE INDIAN ACHIEVER'S CLUB

2023 EDITION II



DIMPLE JANGDA

AUTHOR, GUT HEALTH & AYURVEDA COACH PRANA BY DIMPLE



BINDIYA SHARMA

WBPF PRO, INTL ATHLETE, TRAINER AND GYM OWNER



DR. MADHU CHOPRA

MBBS, DORL, COSMETOLOGIST MD, STUDIO AESTHETIQUE, MUMBAI



SONAL C HOLLAND

ENTREPRENEUR & WINE CONSULTANT SOHOWINES CONSULTING LLP



AVANNE DUBASH

CONSULTANT BUSINESS NEWS ANCHOR, ET NOW



MANPREET DHODHY

FOUNDER & CHEF I'M WHOLESOME INDIA



AKANKSHA SUREKA

CREATIVE HEAD & FOUNDER FLYING ELEPHANT DESIGNS



ANAISHA AKULA

FURNITURE & PRODUCT DESIGNER HOUSE OF ATIYA



SHIMUL SHETH

GRAPHIC ARTIST & DESIGNER



ROHINA ANAND KHIRA

OWNER & CREATIVE DIRECTOR AA LIVING PURVI



PURVI SHAH

INTERIOR DESIGNER SHAH INTERIORS



AYESHA CHOWDHRY

WATERCOLOR ARTIST THATCOLOURBLINDARTIST



ANCHAL PILANI

ENTREPRENEUR YOGA WITH ANCHAL & THE SHALA



DR. ALISHA ZOHEB H

ENTREPRENEUR ORIGINAL BULL AND BEAR PROPERTIES, DUBAI



ANSHU TODI

FOUNDER LIMITLESS MOVEMENT



ABIGAIL FERNANDES

GUEST RELATION EXECUTIVE IHCL (TAJ HOTELS)



SHEETAL HARIA

SPIRITUAL COACH DIVINE AFFINITY



MISHIKKA CHAURASIA

ACTRESS MOVIE 'ANARI IS BACK'



OSHY TYAGI

BLOGGER, INFLUENCER THETRAVELLINGBEE



MANASI DESAI DAS

STRING ARTIST STRING ART BY IDEAS DESIGNED



ROOPA SHASTRI

MRS BOLD & BEAUTIFUL FOUNDER, NGO SHASTRY FOUNDATION



MADHAVI ADALJA

RESIN ARTIST MADHAVI ADALJA ART



DR. DEEPA SUHAG

SCIENTIST & TEACHER



SHIVANI SARVAJIT PATEL

PHARMACIST, FOOD/CHEMICAL TRADER & T-SHIRT DESIGNER



TARA KHANDELWAL

FOUNDER BOUND INDIA



RHEA RAI

KALARIPAYATTU TRAINER, THEATRE ACTOR & THEATRE ARTS TEACHER



PREET SANGHVI

FOOD CURATOR FOUNDER, GOURMET TALES CO



AAYUSHI SACHDEVA

PHOTOGRAPHER, FOUNDER - HIRAAAYA BY AAYUSHI



RANJANA RATHORE

SENIOR JOURNALIST & NEWS ANCHOR



JANHAVI KULKARNI

ARCHITECT J DESIGN



SUDAKSHANA CHATLA

FOUNDER THE SAP MEDIA



DEEPA YASHWINI

SMALL BUSINESS OWNER HOUSE OF DRIP



SHWETA POWER

FOUNDER & CEO ARIA COMMUNICATION



DR. DIMPLE JANGDA

AUTHOR, GUT HEALTH & AYURVEDA COACH
PRANA BY DIMPLE

EDUCATOR, HEALTH COACH

Founder, Prana healthcare centre that has treated 3500 patients from 43 countries. Featured as a case study in "doing business in south asia" by Routledge, Francis and Taylor, UK

Founder, prana academy that has done 300 workshops for 85 participants and has 7500 masterclass students from 64 countries

Social media influencer : educating 0.55 million followers (Instagram) across platforms, with healthy remedies on how to reserve health and prevent diseases to clients worldwide for free

Podcast host: with listeners in 112 countries (as per Spotify) tuning in to learn how to improve their health

Author of Heal your gut mind and emotions ... that made it to #1 in mental and spiritual healing, top 100 in books, #4 in healthy living and wellness, on the day of pre order launch

📷 @drdimplejangda 📷 @pranabydimple



*Dimple has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS? HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I started my journey in Chennai. I did my bachelors in visual communications. Worked as a copywriter in an ad agency, and then a couple of catastrophic events happened in my life. It completely turn my life upside down. We lost a few members in the family and I had to take a sabbatical from my career, got married very quickly, was trapped in an abusive marriage and near to death experiences, luckily for me my grandfather reduced me. And then I moved to Bangalore and stayed in the safety of my uncles family. I did my masters in international business and finance. I started my life all over again from scratch with zero belongings. I literally reached Bangalore with just two pairs of clothes as my ex in laws refused to return my things. While in college, I worked part time as a TV reporter with News9 and then I moved on to become a TV producer with CNBCTV 18 in Bombay. I would go back to college on the weekends to write my exams and finished with a gold medal and 4 best manager award. After working as a TV producer, I felt saturated, and I started looking for a job in investment banking. I worked for 3 years and learned the trade, and later moved on to New York and started my own company called Rudra Investments which was advising on \$500 million worth of cross-border mergers and acquisitions in the infrastructure sector - 7 toll roads, hydropower projects, and the clean energy sector. at the peak of my career, I had every thing - I had all the money that I wanted, beautiful clothes, a luxurious life..



..traveling the world business class, globetrotting many countries in a month. But I felt a vacuum inside of me as to what is the purpose of my life. Was it just to make money, to get fame, to be successful? I left my belongings in nyc and came back to India to find answers to the burning questions within me. Was it an existential crisis? I was barely 33 when I decided to take an indefinite sabbatical from my career to focus on the larger questions. In didn't know what to do next, where to go. That blank slate... allowed me to be reborn.

In the following months, I received invitations from friends around the world asking me to visit them... I travelled to 10 countries in 11 months and I came back to India as a tourist and I looked at my own country with brand-new eyes. I spent the next few months in the countryside traveling to remote places learning the truths of life and staying close to nature. It was an exciting time. I started sleeping better for the first time after having had chronic insomnia for almost 12 years. Growing up as a child, I had terrible appetite and couldn't eat, I was underweight, and had four surgeries before I turned 18 for several chronic health issues including a cancer scare.

Suddenly all of those childhood challenges made sense... in pursuit of happiness, I discovered health played such a crucial role in our happiness. And thus was born prana healthcare centre, a preventive healthcare clinic.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

All the medical challenges I faced as a child, gave me new purpose. It was to build a platform and a healthcare centre where people from around the world could come and reverse their diseases, and no child would have to go through what I did. As a child, poor health had a negative domino effect on all aspects of my life. I started Prana healthcare Centre in 2017 as a way to preserve a piece of Indian heritage in the form of ayurveda, and to give back to the society.

When I look back, I realise that was the hardest decisions of my life, the most difficult, and also the best decision of my life. I put in every single penny that I had into this clinic and now there was no looking back, because I had nothing left not even enough money to pay rent. I put every thing into the clinic. Luckily for me, at that point in time my uncle, my grandfather and father supported my decision without questioning me.

In six years we have treated by 3500 patients from 43 countries of chronic diseases, right from clinical depression to constipation to common cold, multiple sclerosis, gynaecological disorders, skin diseases, infertility and other health issues.

During the pandemic, just like everyone even I was heartbroken. I wanted to raise the vibrations of the society in some manner taht would create happiness. I started teaching ayurveda in the form of a masterclass to anybody, who was willing to learn And today we have about 7500 students from 64 countries who have done this masterclass and changed their lives and transformed their health. we conducted 300+ workshops for free, and 85,000 participants from around the world attended it.



Two years ago, I wanted another purpose and project. I decided to share these health tips on social media platforms to anyone who was willing to learn. Anybody who couldn't afford to pay consultation or even travel to India to come to our clinic, could now learn from our content on various platforms in how to reverse their diseases and preserve their health in the comfort of their own home. Fast forward 10 months. We went viral on social media. Now we have more than half a million followers in 112 countries as per Spotify podcast and Instagram. and these followers who are now prana family, have benefits and transformed their lives by healing themselves on a daily basis.

Our vision is to make preventive health care through natural practises like ayurveda, naturopathy, yoga - a worldwide phenomena and a household practice.

We have a team of 28 doctors, therapists, biotech researchers, yoga teachers, nutritionists, R&D specialists who have been working hard to share their services with the world.

I spent the last six years studying, researching, looking for answers... and this new book "heal your gut, mind and emotions: 5 steps to reset your health with Ayurvedic science and food chemistry" is a summary of all that I had the opportunity to learn. I share this with you now.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Am deeply grateful, humbled and flattered to be included in this list. Deep gratitude to Indian Achievers club, my team members and all our clients and followers who have contributed to this recognition.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

I like to start my day early in silence and contemplation. I have a dedicated room for meditation, chanting, and reading. I spend an hour doing my prayers, expressing gratitude and then i do some light breathing or yoga workout. My breakfast is made of fruits, nuts, seeds and some form of juice. And I attend to my team, set the intentions for the day for the whole team, targets and goals for each vertical. Evenings is spent eating very little or nothing, and spending quality time with friends and family.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

We have received several awards - Asia iconic awards, 2023; Business world, Future Masters, 2022; Times brand icon, 2021; Indian Achievers club, 40 under 40; India's most trusted healthcare award, 2019; and Shethepeople digital Tv award under covid impact category.

But the most cherished moments and achievement is when we see patients walking out from our clinic feeling healthy and absolutely in control of their physical mental and emotional health!



HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED? WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

God has a plan for you. You can't see it yet, you can't see the destination either from where you are. All he wants us to do is keep walking. One baby step at a time. And Remember, he chose you to go through this obstacle because he knew no one could handle this moment better than you. And by being on continuous service of humanity, you are paying the rent to live on this planet. Never stop. Keep it moving.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Ethics. Respect. Service to humanity. Kindness. And health for all. Be it for our team members, patients, interns, students, or even our house keepers – we do not allow any form of disrespect or hurt come to them. We fiercely protect what must be – humanity, kindness, health.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Aha ! I wish wish

- take us all back to our roots. Our origin, our culture, our ancestral wisdom, and Mother Nature!
- Make preventive healthcare, spiritual practice and meditation and a mandatory subject in all schools and colleges.
- Shift the global mindset from curative symptomatic healthcare to preventive healthcare.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

The first step is the hardest. Once u have decided – your job is to take the next step and the step after. Keep at it. Don't stop. Don't give in to any kind of outside noise, distractions, and discouragement or opinions of others. What you know to be true in your heart, in your gut, you must follow it, allow the universe to guide you. And do no harm to anyone through words, actions or thoughts, remember the universe is a boomerang. Everything will come back yo us – both good and bad.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

We come from nature. We go back to nature. Every single cell in our body is made of nature – earth water fire air and space. When you invest in nature, you are investing in your own physical, mental and emotional health. Be humble and grounded... it's going to be dust to dust, and ashes to ashes. But before we leave, may we leave this world a better place than we found it. May every day of our existence be marked with the planting of one sapling. Our future generation will enjoy the shade and fruit of our labour, just as we enjoy our ancestors labour and time.



BINDIYA SHARMA

WBPF PRO, INTERNATIONAL ATHLETE, TRAINER
AND GYM OWNER

RHINOS GYM, THE RIGHT COACH/BRAND

The First Bikini Diva Of India

Gold Medalist Ifbb Sheru Classic 2019 2022 2023

3 Times Strongest Woman Of Delhi 2021 2022 2023

In Power Lifting

Strongest Woman Of India 2022 In Power Lifting

Winner Jerai Classic & Fit Factor 2017

[@bindiyaa_sharmaa](#)



*Bindiya has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Bindiya Sharma, 43, I was born and brought up in Delhi. My father belongs to a sports background. Since my early school days, I had a deep interest in sports and was a gold medalist throughout. I graduated from Delhi University and hold certifications in pre n post natal, kettle bell, yoga & functional training. I am also a certified ACE trainer (American Council on Exercise) and hold expertise in weight management, nutrition, exercise counseling, and health coaching.

I am a single mother of 2 lovely daughters, Manya 19yrs & Prisha 9yrs. I walked out of marriage in 2017. It was a very tough decision, and I had nothing to look forward to, but I had to take that decision for my happiness and peace. I feel it's better to be alone than being with someone who makes you feel alone. I left home with barely Rs 50 in my pocket; went through a rugged time, where I slept in the car for a few days & looked for jobs. Being single at that time was not easily accepted by society. There were questions and doubts everywhere, and it was tough for me to even find a house on rent.

It was then that I made up my mind to make a name for myself and I had the burning fire and determination inside. Finally, my friend suggested me to start bodybuilding. This was predominantly a male space, as very few females were into lifting heavy weights or bodybuilding. I took that step and entered the world of bodybuilding. By God's grace, I made a name for myself in the fitness industry. I competed professionally and won several medals. I also became India's first ever WBFF world's beauty fitness & fashion bikini pro Diva. I continued my journey and also became a powerlifter with the title of strong woman of Delhi & India. I am still competing as an athlete for India in bodybuilding & powerlifting. I was a former fashion model who turned into a fitness expert cum athlete.



HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I entered this field All thanks to my friend, who is my fiancée now. He motivated me to do better in this field guided and trained me into bodybuilding.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I am extremely glad and proud of myself. This is an acknowledgment of my job well done and justification for the agony, the self-doubt, and the hard work that went into it. I feel overwhelmed and delighted. This gives me recognition, validation and boosts my confidence. Thank you for recognizing my qualities and trusting my abilities. A recognition of ones struggles, and efforts is indeed very satisfying.

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

My days are very hectic, I work 14 – 16 hours a day. I run pillar to post. I plan my schedule a day in advance so that it becomes easier for me to balance work & family.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

To begin with, I am proud to be a single mother. Walking out from the marriage was the biggest achievement for me because that's how I found myself and my self-worth as a woman. Professionally, I am proud to be the first Indian WBFF Bikini Diva pro & the strongest woman of Delhi & India three times in a row ..2021 ,2022 2023.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I am very strong and have a positive outlook toward everything. Many a times we are not in control of the situation around us, and in such a situation, I try to cope with changes to the plan by looking for solutions. Things can never be as planned most of the time, but I always stay positive as I know nothing is permanent.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

There are a few things I follow always:

Stay positive , be consistent & persistent.

Never give up , accept failures , take care of mental and physical well-being , think big & focus on goals.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

That is an interesting question. I wish I could change:

- Equality, irrespective of gender, caste, religion, status and Educate& empower girls around the world.
- Make travel easier and cheaper (and more environmentally friendly!)
- Being Kind and asking everyone to be kind around in the world.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

You WILL fail. Success will not look like what you have in mind and is only achievable if you don't give up ,as you will fail along the way. Failing is only the end if you quit. Sounds harsh but it is true. Be prepared to pivot, be comfortable with being wrong, and expect everything to fall short of your goals. Yet have the perseverance and consistency. And most important, faith in yourself that you shall achieve. This will help you in everyway.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

One should always be protective and careful of the environment. We are going through a time when this should be apriority. We owe it to NATURE. I am fortunate to be part of the organization that is coming out & working out on environmental issues. I have always been a nature lover, and concerned about the environment in my own way. I can say I m doing my bit, but if being a public figure I can spread awareness and urge more people to join this , then I am most happiest doing this.



DR. MADHU CHOPRA

MBBS, DORL, COSMETOLOGIST

MANAGING DIRECTOR OF STUDIO AESTHETIQUE, MUMBAI

[@drmadhuachourichopra](#) [@studio_aesthetique](#)



*Madhu has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

My journey has been very interesting, marked by various disciplines and routines. I recall that when I was just five years old, we already had a set daily schedule. We would wake up at 4:30 AM, get dressed, go for a half-hour run to Regal Madant in Jamshedpur, return by six, pack our school bags, dress up, polish our shoes, check our homework, and then head off to school on bicycles by 7:00 AM. This routine continued throughout my time in school, and I believe that the person I am today is largely a result of the upbringing my parents provided during those formative years, lasting until I was around 13 or 14 years old. Afterwards, I began to think for myself, knowing what I aspired to become and which college I wanted to attend. Life then took a different path, leading me to become a doctor. I continued my studies in Jamshedpur, learning classical Kathak dancing and classical Indian music. My upbringing was rich and comprehensive, filled with the reading of classics and the best books ever written. I developed a deep love for reading, perhaps because we had fewer distractions like television, and we would only go to the movies once a month, with most films being good, wholesome ones.

My childhood was very structured, but then I met my husband, and we got married, taking a different turn in life just to be together. I had to join the army, where I spent five wonderful years. After that, I resigned and embarked on my private practice. In my journey, I have changed paths numerous times, and I believe it's all part of my evolution. I have continued to learn, study, and adapt along the way.

The career I chose was the result of both circumstances and personal choice. I joined the Army because I desired to maintain a balance between work and family life. However, when Priyanka became Miss World, we had to relocate to Bombay. It was there that I pursued advanced studies in cosmetology and established Studio Aesthetique in 2008.



HOW DID YOU GET INTO THE CAREER YOU ARE IN?

The career I chose was the result of both circumstances and personal choice. I joined the Army because I desired to maintain a balance between work and family life. However, when Priyanka became Miss World, we had to relocate to Bombay. It was there that I pursued advanced studies in cosmetology and established Studio Aesthetique in 2008.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Thank you for this honour. I feel both elated and humbled at the same time.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

My work-life balance is quite simple now, even when I had a very busy practice in the past, I managed to carve out some time for myself. I believe it's crucial to allocate time to focus on oneself, and your partner, and ensure that both of you dedicate your time and attention to each other.

In Mumbai, my typical day begins at six in the morning. I start with my pranayama and meditation, followed by enjoying a cup of green tea with honey and lemon juice. Then, at around 7:30, I have some soaked nuts. If you've seen my short video about my morning routine, you'll recognize this routine. At 8:00, I engage in 10-15 minutes of warm-up exercises, mostly aerobics. By nine, I start getting ready. These first two hours of my day, which I dedicate to myself, are incredibly valuable as they provide me with a strong start to my day. During this time, I plan my day, schedule meetings, study, and prepare for the tasks ahead.

I usually head to work at around eleven after enjoying a nutritious breakfast. I return home from work at about 5:00, and that's when I have my evening meal. I typically finish dinner by 6:30. Afterward, I like to spend time with friends, and neighbours, or attend gatherings and events, often involving my children and their friends. I aim to go to bed by nine, where I either watch a movie or a series before falling asleep by eleven. This is my daily routine.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

My greatest achievement is challenging to describe. Yes, at every stage, I set my goal, achieved it, and then moved the goal a little further. Each time, I was awestruck by the realization that I had accomplished what I had set out to do. I would pat myself on the back, say "Good job," and then move the goalpost even higher. I never set very difficult or long-distance goals; they were always short and attainable. Achieving them made me feel good about myself, and that's how I continued to progress. Instead of taking giant leaps and bounds, I chose to take a slow and steady approach to life, making it a solid walk through life.



HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

There have been many instances when I've had to confront obstacles and difficulties that seemed insurmountable. I would often encounter roadblocks that prevented me from progressing as I had originally envisioned and planned. Life can throw you lemons, and sometimes your attempts to make lemonade might not yield the expected results. In such moments, it's essential to accept the situation gracefully and remember that even challenging times eventually pass—a crucial principle to bear in mind. Difficult times will come and go, just as good times will. Don't lose heart; instead, consider changing your approach or reevaluating your goals. Move forward without struggling against circumstances that aren't in your favour. Don't expend your time, energy, and valuable resources on something that isn't manifesting as you'd hoped. Perhaps it's not meant for you, and that's something I would remind myself. Maybe this wasn't meant to be, and that's perfectly okay. I would then adjust my course and continue forward. I've never allowed adversity to dampen my spirits. I've always pressed ahead with a smile and a positive outlook. I can assure you that maintaining a positive attitude is incredibly beneficial, and it, too, shall pass.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Success is a highly relative concept. What I consider successful might not align with your perspective, given that there will always be individuals who have achieved more with seemingly less effort. For me, success entails finding happiness and facilitating gradual and effortless progress toward my goals, as I mentioned earlier. I adhere to a few guiding principles. Firstly, I believe in the mantra "this too shall pass," which underscores the transient nature of challenges. Secondly, the outcomes of your choices and decisions are entirely your responsibility; you must bear the consequences, whether they lead to success or failure. There's no one else to hold accountable. I would even argue against blaming myself, as I always give my best effort, and sometimes, despite no fault of my own, things may not work out. I do not perceive this as a fault, flaw, or lack of success. Lastly, and perhaps most importantly, I advocate for spreading kindness, positivity, and joy. Your presence in anyone's life should leave a positive impact, as the adage goes, "what goes around, comes around." By promoting goodness and kindness, you will receive the same in return, which, in my view, is the true key to success.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If I had a magic wand, there are so many things I would like to change in the world. First and foremost, I would ensure that there is abundant greenery instead of a concrete jungle. I would strive to create a world where we coexist harmoniously with nature, surrounded by waterfalls, flowing rivers, lush trees, vibrant plants, birds, and all living creatures. I envision a world where everyone not only lives but also encourages others to live and prosper.



Secondly, I would work towards eradicating poverty and the hardships it brings. Extreme poverty persists because of a few selfish individuals who are indifferent and unwilling to share their wealth. My goal would be to alter the mindset of these individuals. Poverty should not be the result of one's birth; instead, it arises when others who could alleviate suffering choose not to do so. It is born out of selfishness, preventing individuals from earning a livelihood, providing for their families, and putting food on the table.

Lastly, I would promote the concept of "Sahar," which in Hindi translates to "loving each other." My aim would be to encourage love and compassion over conflict and war. I aspire to create a world where love prevails, fostering unity and harmony among all.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

"Here's a piece of advice for someone who's just starting out. I believe age is irrelevant, whether you're young, old, or very old; you can begin at any stage of your life. Regardless of when you start, the important thing is to make that initial step. My advice would be to keep your head down, stay focused, and work diligently. Success is achieved by those who avoid distractions. Don't allow negative people to surround you and provide you with advice that your instincts are telling you is incorrect. Listen to your heart, not because someone is your best friend but because it feels right. So, keep your head down, ignore all the noise and chatter, maintain your focus, and put in the hard work. That's the only advice I would offer."

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Planting trees is not just a social responsibility; I believe it approaches godliness because we have inflicted so much destruction upon the world that God has bestowed upon us like a precious gift. It offers us the best of everything. Personally, I endeavour to plant a minimum of 100-150 trees every year. While not all of them survive, I have a small piece of land where I can carry out this task, and I do so with dedication. Some trees thrive, while others do not, mainly due to my limited knowledge about seasons and the types of crops that would thrive. Nevertheless, I persist in my efforts and actively encourage others to join in tree planting. Even if you can't plant more, please refrain from destroying the existing greenery. Let's not harm our planet; instead, let's work together to safeguard it for our children. By doing so, we can contribute to improving the climate rather than exacerbating global warming. We should aspire to leave a safe and flourishing planet for the next generation. We don't want them to accuse us of ruining their world. Taking this responsibility seriously is crucial, and I sincerely hope that people heed my advice. I practice what I preach, which is why I am confident that anyone who follows my guidance will be doing a favour for everyone – our planet, our children, and our world.



SONAL C HOLLAND

ENTREPRENEUR & WINE CONSULTANT
SOHOWINES CONSULTING LLP


WINE ENTREPRENEUR, EDUCATOR AND CONSULTANT

In 2016, Sonal C Holland MW earned the unique title of Master of Wine which is currently held by just 414 people around the world, bringing glory to India by becoming the first person from the country to achieve this feat

She pioneered wine education in the country by launching Sonal Holland Wine Academy which is creating a cadre of highly trained and knowledgeable wine professionals

With SoHoWines Consulting LLP, Sonal is transforming the landscape of the country's wine market by helping globally renowned wine brands enter and gain a strong foothold in India, while offering Indian consumers a chance to indulge in the global wine culture.

She is one of the most followed wine personalities in the world, with half a million followers across various social media platforms where she demystifies wines and introduces them to wine culture and etiquette, making it more approachable.

 @sonalholland_masterofwine



*Sonal has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Over the years we have helped some of the most prestigious global wine brands enter the Indian market and gain high recognition and recall value with SoHoWines Consulting LLP. At Sonal Holland Wine Academy, we are helping hospitality and retail professionals gain superior wine service skills while consumers are learning how to appreciate wine. We also enjoy a huge following on social media as we make wine seem approachable to Indians and encourage them to make it a part of their lifestyle using basic wine knowledge and etiquette.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

About 16 years ago, I was working as Director of Sales at a NASDAQ-listed Fortune 500 company, but I felt that the profile wasn't doing justice to my skill set. While looking for career opportunities I chanced upon the nascent wine industry in India. Since there were no qualified wine experts in the country at that time, I saw a huge opportunity for growth and success and seized it.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I am honoured to make it to this prestigious list. 99 Achievers of India gives us a platform for networking so that we can build collaborations and strengthen India's economy. I connect with this mission as I intend to help wine become one of the leading industries in India that generates revenue and creates employment in both the rural and urban sectors.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

No two days in my life are alike. Some days I am judging international wine competitions, on others I am hosting high-end dinners for a highly selective group of wine connoisseurs from influential networking groups like the YPO and EO. No matter what I do, I commit to it fully, giving it my complete focus, and this holds true for the time I spend with my family. So every day I identify what aspect of my life needs the most attention and concentrate on it.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Becoming India's first Master of Wine, a title held by 414 people around 31 countries is one of my most cherished achievements. I am also proud of the fact that I have used this success to make meaningful and relevant contributions to the wine industry in India. It thrills me that I have done a lot of pioneering work in the wine industry of a country that is like a blank canvas.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Every entrepreneur has to face ups and downs but the idea is to keep your eyes on the goal, remain consistent and believe in yourself and your intentions.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Invest in yourself- it is what pays the highest interest. Also invest in upgrading your knowledge, enhancing your skills and broadening your experiences. Secondly, take action on your ideas because success doesn't belong to those who ideate first, but those who act upon those ideas.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Always establish credibility in whatever you do and never get complacent. Find something that you are good at and then become great at it by practising your craft relentlessly and with 100 percent devotion.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

First, make India the leading consumption market for wine in the world. Second, sign a film with Shah Rukh Khan and third, eradicate alcoholism from the world and steer people towards moderate and responsible consumption of alcohol. I have always been a staunch advocate of drinking less but drinking better.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Research suggests that a worldwide planting programme could remove nearly one-third of all the emissions from human activities that remain in the atmosphere today, so it is a great way to combat climate change. I wholeheartedly urge readers to as many trees as they can to ensure that this planet remains hospitable for our future generations.



AVANNE DUBASH


CONSULTANT BUSINESS NEWS ANCHOR
ET NOW

Anchor, Host, Public Speaker

Worked as a business news anchor with ET NOW for 15 years

Emcee and host corporate & lifestyle panel discussions

Host public speaking workshops

 *avannedubash*



*Avanne has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Growing up as a shy child, who hid under her mother's skirt - to becoming someone who is in front of the camera, was not something I envisioned. But after completing my Bachelors of Mass Media I delved into my career and there's been no looking back. Working multiple roles in my job over the years, I now am a Consultant Anchor hosting prime time shows such as 'The Market' and 'Startup Central.' I also host corporate and lifestyle panel discussions and write content.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Maybe my passion for elocution and public speaking after completing the Trinity College of London Exams in Speech and Drama as the highest ranker propelled by interest in being in front of the camera. After completing my Bachelors of Mass Media I worked at a small production house and heard about an opening in the channel ET NOW. I decided to apply and joined ET NOW before the channel launched-hence was fortunate to have been a part of multiple on camera and capital markets workshops and learn a lot on the job.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Undeniably honoured! To share a platform with prominent achievers only reinforces the fact that hard work pays off.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

My day begins fairly early, since I'm in the studio live by 8 am! Mornings are rushed with reading, make up & hair and sound checks in the studio. After anchoring live for 3 hours, we get into edit meetings and I then record the Startup Central show. I have a two year old, and since I don't get to spend much time with her in the mornings, I try to devote my evenings to one-on-one time with her.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

It may not be one major event honestly, but it does give me a great sense of pride and humility sharing the screen and sometimes stage with imminent voices from Corporate India, the PE and VC space and market guests.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

It's not always rainbows and butterflies- and especially not what social media projects- but I think a solid support system is critical. And sometimes, just taking a step back and reflecting.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Hard work, a go-getter attitude and consistency.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Just 3! Unfortunately, there's one too many things/issues that need to be addressed but if I had to sound as less 'Miss World' about this as possible, I think changing the regressive mind-set towards women, as difficult as it is- reducing or eradicating social inequalities and making sure no act of evil is ever conducted- (I have a wand after all!)

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

While its important to follow your passion and your dreams, make sure you start small- have a backup or do it as a side hustle. Have a mentor- if you can have someone to be your sounding board/guiding force. And don't give up soon- give it time- no success will come overnight.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Hats off! And its an amazing initiative- one small act that can make a huge difference - especially given the pollution levels. Looking after our planet is so critical and I want to encourage others to do the same- it honestly doesn't take much!



MANPREET DHODHY

FOUNDER & CHEF
I'M WHOLESOME INDIA

Gourmet Catering & Grazing Tables, Curate Gourmet Gift Hampers, Experiential Cooking Studio

Educationist: She teaches and trains over 100 students in the Field of cooking; online and offline through her virtual and in-studio cooking classes

Chef & Food curator: curates more than 20 new Grazing Table Menu every month from fashion brands like Dior and Manish Malhotra to tables for grand house parties & curated events

✉ hello.manpreetdhody@gmail.com



Manpreet has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I started my journey by studying and working hard to get through culinary schools in India, Europe and America which also gave me the exposure to discover cuisines, culture and lifestyles across the globe.

I spent a lot of time training and running the best F&B restaurants for the Oberoi group of hotels and set up India's first culinary studio with the future group at Foodhall. In the last 15 years, I've had the opportunity to train with some of the best chefs & F&B managers in the country and oversees which gave me the confidence to start my own company three years ago which is now home to 70 employees and has three verticals under the brand. Work has never been a job for me whether it was working for someone else or running my own company. Each day brought a new experience, new joy and a new learning.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

It was a very simple choice, no stories, no u turns. I always wanted to be a Chef or a designer. I have an eye for aesthetics and details whether it's food, clothes, accessories, furniture, decor etc and luckily with my company Wholesome, I get to cook good tasting food and make it look visually appealing and stunning by the styling which kind of ticks both the things I've always wanted to do.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I feel happy and honoured to share this award with 98 other strong and fierce women who dared to dream and are quietly and consistently making a difference in this in this ever growing and changing world.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

I am very disciplined about my workouts , I usually start my day with a 45 minute swim / Pilates or Gym followed by Wholesome (my company) which usually takes more than half of my day. Even though I have a big team I am 100% involved in the day to day activities .I make it a point to visit 3-4 events that we curate a week and style the tables myself.

Thrice a week, I conduct cooking workshops which are attended by home chefs around the globe and it's a joy to see them execute these recipes under their brands which is why we set up the cooking studio in the first.

No matter how exhausted I am , I will always find time to attend the best music gigs in the city once a week which is more of an outlet and recuperation to get your energy levels going for the upcoming week.

One thing I am guilty about is not being able spend 100% time with my family , to be there for all family occasions and celebrations as holidays and weekends is when the business peaks and it's a hard choice to make but I have the most supportive family and friends who have never made me feel guilty or bad about it.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

When I was 10 or 11 I got selected for a cadet training programme run by the Indian Navy and trained every weekend for 6 years, that has been my biggest personal achievement as it inculcated a lot of discipline which has been my core and helped set a foundation for my business.

Apart from this getting into the toughest culinary and management school, TheObeori Centre of Learning and Development fondly referred to as "OCLD" which helped mould my career.

To top everything, having the courage to build a company from ground zero without any investment or godfathers in the industry.

I am very proud of myself and I don't shy away from giving myself a pat on the back whenever necessary.



HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Honestly it's not that easy, break downs, disappointments and tears are a part of running a business, they happen often but the beauty lies in how quickly do you put yourself together and get back on your feet to start again , which I think turns failures into learning's and makes you stronger.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Discipline & Persistence . The ability to show up no matter how tough it gets, no matter how much they criticise you, you always show up and continue to work hard.

It's not an easy world, Find the right support system and do what makes your heart happy, nothing else matters.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Recognition of individuals across various fields who are doing great work but don't have the means to promote themselves.

For technology to take a step down as a lot of things these days are too into technology and the essence of things being done manually is lost.

To be able to live in a greener and more natural world forever

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Be patient & original, Don't try to change yourself or your ways to fit in. Put in the honest hard-work, everything else will follow.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I feel we all need to make conscious efforts in protecting the forests around us in every little way that's possible. If you can't save the deforestation you can always help plant more trees. From a little sapling in your kitchen garden to actively participating in tree plantation drives or contributing in any way possible to execute these plantations every little contribution counts and will help save our future .I am very happy that we could be a little part of this drive which would lead to a big change.



AKANKSHA SUREKA

CREATIVE HEAD & FOUNDER
FLYING ELEPHANT DESIGNS

Successfully founded a brand design studio

Got selected for the Goldman Sachs NSRCEL (IIM B) women entrepreneurship program

Supported the Minds Foundation for the Rebranding pro bono to support the awareness of mental health in India and other developing countries

Brand & Design advisor for Encubay - a diversity-focused network to drive innovation through entrepreneurship

 @@flyingelephantdesigns

 @akanksha.sureka



Akanksha has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I started Flying elephant designs with a dream to build a hole in the wall stationery brand. Instagram played a huge role in our growth as a stationery brand and I got approached by Tata Trusts, Marico, Jet Privilege and the likes to design and manufacture customized Branded stationery which led me to realize where my strength lies and 2.5 years into this I took the decision of pivoting into a service design agency from stationery brand. Ever since we did that, touch wood it has been great, from working alone to having a team of 10 visual storytellers & brand & content strategists. We have worked on about 150 + projects, about 80 + brands across industries. Along with FMCG (food, wellness and personal care) as a major vertical of our expertise, we also specialize in Crafting business and brand stories for MSME'S especially in the industrial sector. From natural gas (BPCL Gas) to recycling plastic granules to Chemical manufacturing we have worked across industries helping them build their digital presence & build their brand perception.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I have always been a creative person from childhood so being a part of the creative industry was a natural choice. However, I did get distracted by the glamour of media studies and advertising and pursued Bachelors in Mass Media (Advertising) but that led me back to advertising design and Commercial Arts.

On the hindsight studying Advertising before I studies Design communication was the best decision because it gave me the insights to understand consumer behavior and psychology.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It definitely is exciting and tbh I wasn't sure if it was real till, I spoke to Harsh and understood what the platform did. So yes, extremely grateful and excited for having been selected for this.

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

I usually start my day with a meditation or a journaling practice, plan my day with meeting, things that need to be discussed with the team, responses to client messages. If any, I'm working 6 days a week, Sundays is now a strictly no working day, however I like to spend an hour on Sunday evening planning for the coming week. I used to work erratic hours at the beginning but since the last 1.5 years it's a more balanced work spread through the week. I am still working on being organized to improve my productivity.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Very early into starting FED, we got the opportunity to work on the Assam Cancer care center set up by Tata Trusts and the government of Assam (I just had 1 designer in my team then) - that was an extremely proud moment

When my team grew from 1 to 9 people in a span of 4 months immediately post Covid

We worked on a project with CleverTap that was displayed at Times Square on the NASDAQ screen

The relationship I have managed to build and nurture with my clients over the years is something I am personally extremely proud of because inherently I am an introvert and social relationships is something I have learnt to develop through entrepreneurship.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Self-Talk - I self-talk a lot

talk to my close group of trusted mentors (family and friends who have seen me grow through this journey) Every time I am in doubt, I reach out to one of them and just talking makes it easier.

Sometime I also make a gratitude list to remind myself that eventually things have worked out.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Resilience (keep going), Ask for help, adapt and communicate



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Violence and destruction
Access to education
Global warming

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Just keep going even on difficult days and don't hesitate to ask for help, advise or a Favour – u will be surprised how much ppl are willing to help.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I am excited about it, It is the first time I have gotten a chance to be a part of something like this. We should talk more about this initiative to spread the word.



ANAISHA AKULA

FURNITURE & PRODUCT DESIGNER
HOUSE OF ATIYA

Artist, Designer, Entrepreneur

Author & speaker – Cummulus Conference 2016, Nottingham, UK


*Support an NGO for children and women (Ecstatic foundation),
Ahmedabad, India*

*Capsule collection in collaboration with Anuj Sharma (Button
masala)*

*Got featured In the good homes magazine, Grazia India, Sandesh
newspaper & Gujarat Samachar newspaper*

Work with & support a lot of artisans from India

*Designed postcards for Portugal, as a part of my MA degree
project*

 @houseofatiya



*Anaisha has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I started working towards building my brand from my home studio at the age of 18. Studying and working out my passion lead to launching Atiya by Anaisha. I started with Hand painted lifestyle products (Trays, mirrors, paper bins, coasters, trunks, etc)

I just needed a surface to paint on and luckily for me, it all worked out. My trays & trunks were a hit and there was no looking back. I then interned with India Circus and went for my MA In furniture & product design at Nottingham Trent university, United Kingdom.

Again, taking orders never stopped and by then we were already doing hand painted shoes, bags, customized wedding invitation design, wedding trousseau packaging, print design for clothing designers, we got into textiles, stationery & gifting, branding & logo design, etc along with our main USP hand painted trays and trunks. It's been a beautiful journey till now.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Ever since I was a kid, I loved art & painting so I was sure I wanted to do something related to that field. I did a lot of art classes, completed my Foundation in design from IICD, Jaipur, Started working from home as a part of a diploma project and that's when Atiya by Anaisha (now rebranded as House of Atiya) was born.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I'm honored and thrilled to be a part of it.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

Well, now that I'm married and moved cities, a typical day in my life is different. Rama (my husband) and I sit and plan our day while having our coffees. Both of us try and make sure we are home around the same time so it's not all about work life but we also get our own time with each other. So it's not only me who plays a role in balancing, it's also him who helps me in his own way. So yeah, it's work from 10-7 usually but sometimes there are changes depending on any other personal commitments.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Firstly, having started my own business at 18. When I look back, I'm really proud of that little girl and it couldn't have been possible without the support of my parents, brother and family!

I also was the youngest author and speaker at the Cumulus Art conference that took place in Nottingham in 2016. You can find my paper on their website.

Being someone who collaborated with Anuj Sharma (Button Masala) and coming up with a capsule collection with him was one of my greatest achievements too.

There are many, but these have been a few that will always remain super special to me.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Honestly, I just try to calm myself down, take a day off but that doesn't work. What works for me is speaking to my Father, a phone call with him is something that calms me in every situation and apart from that I have my own team of cheerleaders (my family)

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Be authentic, be true to yourself & true to your work, your art, your creativity. People will copy your work and you will get annoyed and disappointed but don't let that stop you from doing what you do.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

I would love to give more opportunities to artisans, revive old art techniques and make the world more aware of the various dying art styles of India.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Only one. You do you, do it with all your heart, give it your everything, rest will follow.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I feel proud to be a part of the tree plantation drive.

With the amount of pollution happening, planting trees have been a necessity. Planting trees for sure will help in bringing a change in the climate change we are experiencing. Please plant a tree or a plant whenever you get a chance. Planting even 1 tree would be a step towards creating a change.



SHIMUL SHETH

GRAPHIC ARTIST & DESIGNER

Communication designer, Strategist, Visualiser

Successfully founded an NGO called Sukoon Initiative during covid-19

Building an agency from scratch

Have been involved in mentoring lot of young minds with prestigious universities and colleges

Planted trees within green belt area as a part of conserving environment

📷 @shimul07



Shimul has pledged to grow trees and help protect our mother earth

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

My journey has been an interesting ride since childhood being passionate about many different things in life. I've had a strong inclination towards art and writing, my parents always encouraged me to paint do all kinds of art and be myself. Expressing through art and experimenting going to places to study the arts and their culture was inculcated in me since childhood. This eventually helped my path leading me to study design and art in detail.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

My journey in design started when I was very young coming from a background of artists in the house I had seen the art very closely. I experimented with textiles for a bit since I had deep inclination towards it. Eventually I got into graphic design and digital media got experience and have never looked back ever since.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I feel honoured and privileged to have this recognition for the achievements given. Truly grateful and blessed for all the love and support I've been getting over the years to where I have reached so far.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

My day starts with an idea of a new prospects everyday thanking god and being grateful for the opportunities coming my way. The possibilities of new day which is in turn going to bring happiness is the thing which keeps me going whether in office or relaxing at home and working on the field.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I would say i got to be a part of founding a beautiful initiative called Sukoon initiative. We help people in need through different platforms and connect with different people for the same. Its been a challenge working with different mind sets but we keep growing and moving further hoping and wishing for a brighter future for everyone.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I would say don't give up on yourself keep growing keep moving even if things get difficult. Every time you move, pray and work towards your goals something in the universe shifts in your favour. Believe in yourself !

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Hardwork, Consistency and patience which I believe in the most. Also giving your best and all at everything then letting it go inspires me. Though have still long way to go ahead!

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Women safety, climate change and building safer communities for animals

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

My advice would be believe in equation of karma. Be consistent even if it takes time build slowly but steady. Be true, be free and most important be you.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I am absolutely thrilled to be a part of this wonderful initiative this could infact inspire so many young minds out there to be socially conscious on the impact it has on the climate change. Since climate change is a burning issue planting trees would be helpful in going green to breathing clean. All the efforts in saving the environment is great to have a nurturing future.



ROHINA ANAND KHIRA

OWNER & CREATIVE DIRECTOR
AA LIVING

Home, Interior Textiles, Decor

📷 @rohina



*Rohina has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I graduated from the University of Leeds in 2009 after which I interned with the Marks & Spencer home division. I knew right then that I wanted to pursue a career in the home decor space so I returned back home to Mumbai. At the time my family owned a showroom called Ajay Anand Living which was housing stuff we exported overseas - but I was keen on taking over the space (which was essentially a loss-making entity) to do something bigger and better. So when I took over the reins in 2009, I rebranded it as AA Living and became a full solution home decor brand. We started manufacturing our in-house designs with European luxury quality and aesthetics, yet fully keeping in mind Indian desired functionality and practicality. It kind of took its own shape on social media and 15 years later here I am.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

My family has been exporting textiles for the last 40 years, and when I used to go overseas and see all these gorgeous 'made in India' products and always wondered why we don't have access to this merchandise in the country or origin. I wanted to make high living accessible and affordable to Indian consumers who would have to shell out at least 6X the cost if bought with an international label. My entire ethos for my brand was buy less, live with less and invest in the best quality if you do buy anything.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Any kind of recognition is extremely humbling. I'm truly grateful for all the platforms given to me through my journey.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

I prefer to wake up and sleep quite early if it's in my hands. Factor in a workout, and then head out for the day. I have the flexibility of working from home, but I like to visit our Mumbai store every day so I have hands-on insight. Apart from work I also try and factor in some time in the day for some creative hobby - I've recently taken up a 10 week course in pottery.

My children are home later in the evening by 4pm, and that's when I try to fully switch off and get immersed into their space until bedtime.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

The media has really helped fuel my growth in my industry. We have gotten featured in Forbes, Economic Times, Times of India amongst many others.

We have gotten awards as per below

Most influential Interior Creator, Lokmat Digital Creator Awards Feb 2023, Woman of Impact, Häfele 2020, Woman of the Year - Elite Magazine 2019, Indian Decor Influencer Award - Decor instagrammer of the year, Asian Paints 2016, Best Linen for AA Living, GoodHomes Magazine Awards 2015, WGSN Top 10 Stores in Asia for AA living 2010.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I think you have to practice living in gratitude and with grace, and stop expecting the universe to walk at your pace. I simply try and trust the timing of my life.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Doing my business with integrity, listening to my client and marketing very very well.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Heal the earth

Eradicate poverty

Equality for all species and more compassion towards animals

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Make sure you have a business plan in place – don't just start something without understanding the figures.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

By the time we see that climate change is really bad, our ability to fix it will be extremely limited...so its important we begin now.



PURVI SHAH

INTERIOR DESIGNER
PURVI SHAH INTERIORS

Professional & Mentor

Part of the Teaching Faculty for 9 YEARS in Rachna Sansad School of Interior Design, Mumbai

Featured in magazines such as Home Review, Femina, Better Interiors, architectural digest, good homes magazine and several other editorials

Nominated for Times SHE unLTD Entrepreneur Award 2020

Award winner of Global Excellence Awards, Bangalore

featured in architectural digest, 2022

I AND D INTERIORS & DECOR MAGAZINE COVER PAGE ON WOMEN'S entrepreneur 2023

Featured in good homes magazine 2023

Pursuing a Management Programme at IIM Bangalore sponsored by Goldman Sachs 10K Programme for Women Entrepreneurs. Got a full scholarship

 @purvishahinteriors



Purvi has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

After excelling in academics, I took on Interior Design as a career due to a general interest & curiosity more than anything else. Today more than 20 years and 200+ projects later, trusting my instincts was the right thing to do as I have achieved success out of that simple yet elusive mantra - Do what you love and love what you do.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

It was my hobby that turned into my passion and then became my profession.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It is good to be recognised and gives me the feeling that I have indeed taken some giant strides to reach where I am today .



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

It is always a challenge to achieve work and life balance. I have 2 children and have to give them undivided attention in and amongst all the hustle/bustle and chaos of everyday life. I am an early riser and my typical day begins with yoga & meditation. After setting up and planning my day with a few work calls, not before packing off the kids to school, I work between the hours of 10am to around 7pm, maybe a bit later. A reasonably early dinner with family and I generally call it a day between 9-10pm.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Making my mark in a male-dominated industry is something I am proud of.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Well, being a positive person, I have trained my mind to look at problems from the perspective of finding a solution. In Interiors, one cannot get bogged down by problems which are a dime a dozen on a daily basis. After these many years, I am confident of facing all situations head-on.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Hard Work, Integrity, Attention to detail, Creativity, Having a flexible approach

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

I would like a more harmonious balance of resources – Too much is in the hands of too few whilst too many are deprived. There is too much violence in the world. Peace must be given a chance. We cannot keep exploiting Nature like we are. This too must stop

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Stay Curious, Work Hard, Let your creativity flow uninhibited

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

It feels great being part of the biggest tree plantation drive in India, We are all capable of making changes in the right direction which will collectively make an enormous impact.



AYESHA CHOWDHRY

WATERCOLOR ARTIST
THATCOLOURBLINDARTIST

Multi-instrumentalist, Performer, Educator, Disc Jockey, Singer and Composer

Created a series of watercolour paintings that garnered over 10,000 followers on Instagram

Collaborated with renowned brands for artistic campaigns, such as Audi & Menorah & Neorah Stationary

Mentored and inspired aspiring artists through online workshops and tutorials

 @thatcolourblindartist



*Ayesha has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

My artistic journey has been a colorful adventure filled with passion, dedication, and self-discovery. Acrylics and oils were my preferred mediums for over 15 years. However, delving into watercolors felt like a natural progression, leading me to document my journey on Instagram. Along the way, I've connected with thousands of art enthusiasts on my Instagram page, @thatcolourblindartist, and had the privilege of collaborating with brands and mentoring budding artists.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Every art class in school brought me immense joy. I was that student who would draw on every corner of the book, leading to encouragement to pursue commercial arts. However, I initially chose a different path and pursued a degree in nutrition. As my nutrition career took off, I felt a void - the absence of joy. I took a leap of faith, started my Instagram page, and shared my creations. Overwhelming encouragement from the art community motivated me to pursue art as a career.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It's an incredible honor to be recognized among the top 99 Achievers of India. This recognition fills me with immense gratitude and inspires me to continue pushing the boundaries of my art. It's a reminder that hard work, dedication, and the support of my followers and mentors have played a pivotal role in my journey.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

A typical day for me starts with sketching or planning my next watercolor masterpiece. I spend hours painting, experimenting with techniques, and engaging with my online community. Balancing work and family life is essential. I set aside quality time for my loved ones, and I make sure to maintain a healthy work-life balance to prevent a burnout.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Some of my proudest achievements include creating a substantial online presence, collaborating with esteemed brands, and mentoring emerging artists. These milestones have allowed me to connect with diverse audiences and share the joy of art.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Art has always been therapeutic for me. During challenging times, a paintbrush in my hand and a blank sheet on my desk disconnects me from the world and puts me in my happy space. I remind myself that every obstacle is an opportunity for growth and learning. My passion for what I do keeps me motivated even when I am faced with setbacks.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

The main principles I follow to achieve success are dedication, continuous learning, authenticity, and connecting with my audience on a personal level. I believe in staying true to my artistic vision and consistently striving for improvement.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If given a magic wand, I would eradicate child hunger, promote compassion and humane treatment of animals, and infuse the world with boundless love through art.



IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Embrace the learning process, stay persistent, and find your unique artistic voice. Don't be afraid to share your work and connect with fellow artists and art lovers.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Being part of the Biggest Tree Plantation Drive in India is a tremendous honor, and it highlights the importance of collective efforts in addressing climate change. Planting trees is indeed a crucial step in combating global warming and preserving our environment. My message to readers is simple: every small action counts. By planting trees and nurturing our planet, we can create a sustainable future for generations to come. Let's all take a step towards a greener world, following in the footsteps of achievers and working together for a better tomorrow.



ANCHAL PILANI

YOGA & WELLNESS ENTREPRENEUR
YOGA WITH ANCHAL & THE SHALA

Founder, CEO, Entrepreneur

Over the Last 12 years has supported many Autistic & Deaf Mute and Blind Kids, Planted 300 Trees in and around Bombay, Provided headphones to deaf and mute kids allowing them to study and gather a skill set


Successfully founded The Shala which has taught 100's of students Yoga, Mindfulness, Ariel Yoga, Chanting Yoga Nidra, Breathwork Nationally & Internationally

Over the last 5 years taught 100's of kids Bala and Shishu Vihar as seva, by the Chinmaya Mission

Written and Published a book Sounds of the Universe

Taken groups of people to Wellness Retreats in and outside India. Conducted events in and around Mumbai - Full Moon Yoga, Yoga Nidra, Ashtanga Vinyasa Yoga, Chanting and Meditation

Was recently the official Wellness Partner for Mrs. India

 @Anchal.Pilani



*Anchal has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I was always interested in Wellness especially of the Natural form. I began teaching Yoga for free in 2011 after studying with the Sivananda organisation, and Yoga works NYC. Soon after I moved to Dubai and taught yoga in Fitness First, Dubai Ladies Club, Body Language, Atone, Inspire, Voyoga. I completed many certifications to further my education - Les Mills, Body Balance, Tibetan Bowls, Vedanta during my time in UAE. When I moved to India I was really happy to teach online for one of India's best online studios - Yoglove. Soon after I founded The Shala - which is an offline yoga studio that is present in Mumbai. My personal brand Yoga with Anchal also conducts online programs, wellness retreats, events in and around Mumbai, as well as coaches wellness to people nationally and internationally.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

In 2008, I was working on Wall Street, and led a pretty stressful and hectic travelling job. I loved the hustle and bustle of NYC, and my job! Also I was a gym freak. But I realised I wasn't deeply integrated or happy - I was always looking for the next thing to make me happy - A size of a body, a pay check, shopping, more experiences, etc - nothing really made me feel content.

One fine day, I walked into a Yoga studio called the kula yoga project, on a very wintry morning in TriBeCa, and the experience completely transformed me. I was so inspired that I wanted to study this aspect of Yoga at a very traditional school authentically. I was very dumbfounded that I grew up in India, and never discovered this. Soon after, I quit my job and took up Google in India. Simultaneously I took up Yoga sincerely, and soon quit Google for Yoga. For me there was never a doubt in my mind.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It feels great!

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

I wake up at 6 am, send my kids off to school with the assistance of my helpers and husband. My first yoga class is at 8 am everyday except the weekends. Then i teach an Ariel Yoga class, and privates/ prenatal yoga after until 5 pm. My days are hectic so i practice before lunch for an hour around 12 noon on ideal days.

Some days I'm booked in the evenings for events. Then I'm out from 4 pm until 11 pm. And when i do wellness retreats I am pretty worked out a month prior until the retreat.

I have very good support of my husband and helpers. And its only because of their cooperation, I have been able to manage my children, and other aspects of life bustling a career like yoga.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I'm proud of the headphones I have given to my deaf and mute kids of very very low income families so they can study, and then provide for themselves. I'm proud of the support I have been able to give autistic organisations who are doing really amazing work. I am also happy when my students tell me how transformed they feel, and what changes they have made in their lives. Some of my students have healed their mental/ emotional and physical issues through Yoga. I don't claim any credit - Yoga is very powerful in its own. I am just an instrument. The real teacher is Krishna & my guru.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Life is ups and downs always, and the downs have made me what I am. When there are situations of hardship, I have worked harder and practiced more. My knowledge and motivation has come because the universe threw me naked into some very dark spaces.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Discipline
Consistency
Taking the middle path, and not being hard on myself



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Anger and Aggression in humans

I would eradicate all the physical and mental health suffering that people have to go through, including special needs births and accidents

I would bring Ram back to the world. He was such a source of good, and I think we need him now.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Don't have self doubt

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I have been planting trees for years, I understand the importance of oxygen because I have built my career on it. If you truly want to be happy, then we all need Nature. Nature is a very very high vibration and can solve a lot of our physical and mental situations. In fact Nature has a cure to most diseases, its just that we aren't looking at the right place and at the right time.



DR. ALISHA ZOHEB H

ENTREPRENEUR

ORIGINAL BULL AND BEAR PROPERTIES, DUBAI - UAE

Realtor, Buyer's Representative, Seller's Representative

Sales Excellence Award twice at Sobha Realty, Dubai - member of Chairman's Club

Started an NGO for girls housing and education in Islamabad, Pakistan

Collaborated with Jaago Foundation in Bangladesh for food distribution for 80 Rohingya Children at the Refugee camp in Unchiparang

Collaborated with Nityaasha Foundation, Pune, India for Insulin distribution to 40 children with Type 1 Diabetes

Operated a dental clinic in an underprivileged area in Pune, India providing treatment to residents with emphasis on the trans community at cost without a profit

 @bikergirlDubai



Alisha has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I was born in Karad, Maharashtra, and relocated to Pune in 2001. I pursued dentistry and graduated in 2011. In Pune, I initiated Tooth and Gum Care, a clinic aimed at providing affordable dental treatments offering flexible payment options. Additionally, I worked to promote restorative dentistry over tooth extraction within the transgender community, making special afternoon hours available to them. In 2014, I moved to Dubai and worked with Paper Chase International, a paper recycling company, until 2020. In late 2021, due to significant life changes, I transitioned to a career in real estate sales, joining Sobha Realty in Dubai. I achieved the Sales Excellence Award for two consecutive terms and was a part of the Chairman's Club. Eventually, my husband and I founded our own real estate agency, Original Bull and Bear Properties, which we currently manage.



HOW DID YOU GET INTO THE CAREER YOU ARE IN?

To be honest, I stumbled into this journey. In 2021, I found myself at one of the lowest points in my life. My husband, a well-established Realtor and a pioneer in using social media for real estate content creation in Dubai, encouraged me to create content for his business. This led me to start researching the real estate industry in Dubai. I began shooting content with him and became more involved in the field. Later on, I was approached by Sobha Realty, and I decided to join their team. It was during this time that I not only discovered my passion for real estate but also realized my aptitude for it. Subsequently, we founded our own Real Estate Consultancy, now with a team of six dedicated individuals working alongside us.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

In life, I've never pursued my work with the intention of seeking recognition. However, there's something special about experiencing that feeling of being acknowledged. I believe that if I, a girl from the small city of Karad, can make a difference, so can every girl, provided they have the right support and opportunities.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

One of the highlights of my job is that I get to work alongside my husband, which means I'm fortunate to spend a lot of time with him. Additionally, I have great friendships with my colleagues in the office, making work more enjoyable. However, I also cherish my alone time as it provides an opportunity to relax and rejuvenate. On a personal note, my day typically begins with a yoga session and concludes with a delightful cooking experience in my kitchen, surrounded by my family, laughter, and delicious food.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Although I take pride in my academic and professional accomplishments, the ones that hold the most significance for me are those that have positively impacted the communities and causes I've been dedicated to. Dubai is my fortunate home, and I had the privilege of being a frontline volunteer for "Day for Dubai" during the COVID-19 pandemic. As part of this effort, we established a 4,000-bed hospital at the World Trade Center and a residence facility for healthcare professionals. Alongside some friends, we provided daily hot meals and monthly provisions for struggling families during that challenging period. We also successfully raised funds to assist individuals in returning home by arranging flights for them. Giving back to the community I'm a part of remains my proudest and most significant achievement.



HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Simplicity is my approach to life. I follow the "one step at a time" mantra, avoiding overwhelming myself with mountains of challenges. I focus on achieving small victories, and each step I take brings me happiness and motivation to conquer bigger goals. Being a woman comes with its unique challenges, but when I feel discouraged, I draw strength from the women who support and love me. I remind myself that I must keep going not only for myself but also for those who came before me and for the generations that will follow.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

The power of persistence lies in its ability to conquer resistance. In essence, success is not some elusive achievement but rather the outcome of unwavering consistency and determination. Over time, this consistency becomes a habit and eventually leads to success.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

- Foster a safer and more inclusive world for all.
- Promote conflict resolution through meaningful dialogue.
- Advocate for better understanding of the unspoken language of animals, especially as a cat parent, and encourage greater kindness toward them.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Life's challenges are rarely rocket science; we all start from somewhere. With unwavering and persistent effort, most life goals become within reach. Additionally, it's vital to recognize that the value of your network can significantly impact your overall worth, so invest in building meaningful relationships across various domains. As you grind, don't forget to pause occasionally to celebrate your accomplishments and appreciate yourself. These moments of self-recognition fuel your motivation and remind you of your own potential.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Living in a desert city like Dubai has highlighted the significance of greenery and nature to me. Now, I keenly notice the difference between an urban city and the lush landscapes of hill stations like Lonavala or Coorg. It's a stark contrast that has heightened my appreciation for the natural world. I consider myself privileged and honored to be able to contribute to the global issue of global warming. Being part of efforts to combat climate change is a responsibility I take seriously, as it's our collective duty to protect the environment and ensure a sustainable future for all.



ANSHU TODI

MINDSET & LIMITLESS ABUNDANCE COACH (FOUNDER LIMITLESS MOVEMENT), TALK SHOW HOST, SPEAKER & CORPORATE TRAINER/FACILITATOR

Educationist, Influencer, Speaker


Founded Limitless Movement to help the ordinary person unleash their Limitlessness

Producer and Host of The Limitless Show that was started to bring hope & mindset shift in the life of the ambitious but doubtful soul

Mentoring a college going girl from Hope Works Founda9on as a volunteer

Formulated AAHM framework (Awareness, Acceptance, Healing, Manifesting) to help people tap into their greatness

Built her life as a solopreneur into a completely new and unrelated field (consciously not returning to corporates) after her separation, purposefully through strong decision making and resilience

 @anshu.todi



Anshu has pledged to grow trees and help protect our mother earth

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Started writing the new book of my life with my daughter after getting separated in 2020, into the completely new domain of life coaching, podcasting, speaking and corporate training. It came as a Calling after having a major breakthrough towards the end of 2020, have already impacted thousands of lives so far with my Limitless Movement and it's my dream to empower millions of souls believe in their magnificence and infinitude.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Being recognised for the hard work and effort I have put into making a positive impact on my fellow humans I feel tremendously grateful and when it's by an organisation like the Indian Achiever's Club that is 57 years old, I can feel Universe's Grace flowing.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

My day begins at 3.30 am and by 7.30 am I'm done with my meditation, journaling, learning and Yoga. Then it's time to pack tiffin and drop my daughter to the school bus. Once again I finish some household chores, get fresh, have breakfast and my professional work begins. In the afternoon my cook comes and then I spend some time instructing her or even cooking something if she's not familiar. During this time I try to finish any pending tasks on the home front like ordering home staple, utility payments, even making personal calls, etc. Then have lunch and continue work, on some days if I haven't had enough sleep I might even take an hour nap or practice yoga Nidra to feel rested. By then my daughter comes back so serve her lunch, spend some time with her. Then get back to work. If I'm free on some days I spend more time with her just chit chaing or playing, we even go out nearby either to meet people or shop. Maximum by 7 pm I complete my dinner. Then work till till 9pm, meditate and sleep by 10pm. Balance is never about time, it's always about priorities, when you get that right, everything works out. She's a daughter cum friend and aware that I'm always intentional about her needs, so when I need time and space she's more than willing. There are times when two needs clash but if you live your life consciously you'll know which to prioritise.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I'm extremely proud of the fact that I've risen from the ashes, giving up is not a word in my dictionary. I'm equally proud of the fact that what I'm doing today is something no one has ever done in my family, but rather than choosing the easy path of going back to the corporates I took the rocky road of impact. I'm proud of the upbringing I'm giving to my daughter, she's clear in her thinking, stable in her emotions, versatile and empowered. We both are completely medication free for 4+ years, I have passed on my iron clad mindset and lifestyle to her, super proud of this fact.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

My Lord Shiva (Shankar Baba as I call him) is my Rock, I'm forever in Gratitude, Faith and Surrender to him. Hope, Resilience and Acceptance come as a byproduct to this so they never let me as much as even think of Giving Up, always open to lessons that life is trying to teach.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Apart from the ones I mentioned just above, the other character traits I see as crucial in anyone to succeed are Integrity, Self Discipline and Self Belief. Without them in place success might be a temporary phenomenon.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If I had a magic wand I would help every person A. Heal from their past traumas. B. Believe in their Limitlessness and Become Master Manifestors. C. Be More Compassionate & Mindful towards Mother Earth & Others including Animals.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

To a person just starting out I want to say " Believe & Be Kind to Yourself, Never Compare Yourself to Anyone except Your Own Self and Get Better Every Single Day, Always Be a Work in Progress."

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I feel great about being a part of this drive. Planting trees is one of the most crucial ways and then there are other ways where we use Mother Earth's resources more mindfully and with compassion. My home is almost 80% toxic free, be it kitchen, toilet or even living room, except some cosmetics I have found ways to be nature friendly and I would encourage every reader to participate in planting trees and keeping your home as free from toxins as possible.



ABIGAIL FERNANDES

GUEST RELATION EXECUTIVE
TAJ FORT AGUDA , GOA - IHCL (TAJ HOTELS)

Work from heart and genuine

Reached MDs club in IHCL for best performance

Got award in IHM college for unique thinking

Best daughter award from parents

✉ abigail.fernandes@tajhotels.com



*Abigail has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I started my career as a kids caretaker as I love kids and I am also very good in arts and crafts. And that got noticed by my bosses and got promoted as a guest relation executive in their sister property. First I was scared, but my husband helps me a lot and today I have reached 3rd time in MDs award.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

As I mentioned earlier, I like to spend time with kids and I was facing lots of challenges regarding money and confidence, so this was my best and last option.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Yes, of course it feels precious, but as a down to earth person, I will celebrate this moment for a while, but I will not take it as advantage to grow myself. But yes, I will motivate myself that I reached here on my own.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

So, my husband is also hotelier, so it is very easy to understand each other, no doubt he is more busy than me, but I manage on my own to watch some comedy clips or make up things or speak to in-laws. That's it everything is sorted.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

There is nothing great that I did in my life, but I spend my life like a normal human being! but yes if you ask me my greatest achievement in life is that I make my dad smile after my mom passed away. I know you all are thinking - what is in that? but trust me it takes time, and its an achievement.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I read Bible and read people's minds, and I like talk to my guest which keeps me motivated.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Be genuine and be real as you are , no need to change yourself just for someone's happiness. Be happy and make others happy.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

I really would like to change myself because I am so soft hearted and low on confidence that people try to take my advantage and I want change to that. And second is to have more people who can change world like Gautam Buddha.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Don't be scared from anyone, occasionally they were like you only. Be confident and do it.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

It feels amazing and to be honest very positive.

Yes absolutely, keep planting more and more trees and be a part of the organisation to grow the team.



SHEETAL HARIA

ALTERNATIVE HEALING THERAPIST AND SPIRITUAL COACH
DIVINE AFFINITY

Spiritual Coach, Healer, Meditator

Got awarded the best Spiritual Healer and Coach at Aspiring She 2022

Globally built a community of 5000+ individuals who are in different stages of their spiritual journey

Became a Globally Certified Meditation Teacher from Rishikesh

📷 @thedivineaffinity



Sheetal has pledged to grow trees and help protect our mother earth

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I started off my spiritual journey in 2016 by learning and teaching alternative healing modalities like Reiki, Lama Fera, Angel and Tarot Card Reading. I always used to approach my work with sincerity and discipline, but along the way I also realized that my journey is beyond the technicalities and I needed to do a lot more innerwork to channelise the energies of the universe in the best possible way. Hence, I went to the mountains of Rishikesh and became a Globally Certified Meditation Teacher. From there on, I upgraded myself with each passing year and today, I master various healing therapies and also am a Globally Certified Access Bars Practitioner and a Belly Revolution Therapist. For the past 7 years, I have been providing online and offline healings, coaching and consulting services to people in various spiritual modalities like Reiki, Lama Fera, Switchwords, Numerology, Sigil Magic, Akashic Records, Tarot Card Reading, Humkara with Haleem, and more. I have facilitated 700+ people's spiritual journeys and am looking forward to keep spreading the love and light of the universe!

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

As a below-average student in school who was always put in doubt by others and myself, I knew one thing - I wanted to create my own identity. After an early marriage and becoming a young mother, I finally started my career through baby steps. I started off by teaching Indian folk paintings and handicrafts to people and eventually supplying festive hampers to 5-star hotels in and around Mumbai. Then, I explored the beauty and cosmetic industry by making and teaching organic cosmetics and soaps to people. I came across healing because I wanted to energize these products for my clients but eventually realized that my calling was way more than just energizing my products. I understood that a spiritual journey awaits me and embarked on it. It's been 7 years now and there has been no looking back.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I truly feel blessed and honored!

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

As a spiritual healer, each day looks different to me, but typically during a day I balance out my professional work, house work and never forget to take time out to pamper myself with the things that I wish to do. Because I'm a proactive and enterprising person, multi-tasking comes easy to me and having a supportive family always helps to balance things out.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Of course, receiving awards and recognitions in and around Mumbai would make it to the list of achievements that I am proud of; but personally, every 'first' in this journey has been an achievement to me, no matter how small or big. The first time I gave money to my mom to spend, the first time I bought myself a diamond ring, every time I started a person's spiritual journey, and more.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

If plan A doesn't work, there are 25 other alphabets. The key for me is to keep going towards my target in one way or the other.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Believing in myself and never giving up!

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

1. Would love to see all of mankind live a life free of judgment for self and others.
2. Would love to achieve global gender equality.
3. Would like to change the education system from being rigid and degree-oriented to being aptitude and interest driven.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Believe in yourself and consistently keep moving towards your goal. 'Impossible' also has a 'possible' in it



HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I genuinely feel privileged to be a part of this. Planting trees is one of the most important solutions to Global Warming and it's equally important to keep looking after the growth of these trees once the plantation is done.



MISHIKKA CHAURASIA

ACTRESS

MOVIE 'ANARI IS BACKK'

Entertainment, Entertainment & Entertainment!

21st Jai national award for best model of the year

Best student of Michael Chekhov Acting school

Diploma in Aviation

Worked in RK HI & Aids Research Care Center

Becoming an Actress

 @mishikkachaurasia



*Mishikka has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Mr. Pahlajj Nihalani signed me up for his 3films, my first film was with Superstar Govinda 'Rangeela Raja' and now the second film Anari is Backk arriving in theatres on 24th November 2023. Another film on floor Mafia Queen!

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

The people in my life have played a major role in my career journey, so when Kareena Kapoor Khan got launched I was very mesmerised by her and that's how I was attracted towards acting. She's millions of people's inspiration and I'm one of them the reason little Mishikka chose to be an actor was her. But as I did not know the path and no one from my family was in the industry it was quiet difficult to even dream about it.

So, in my family all my cousins are successful doctors so even I wanted to become a doctor. I studied mathematics & Biology in the first year of my college. By the time I passed my HSC, once my neighbor complimented me on how tall and beautiful I look and I should really give a try to join the aviation. I gave a thought on this and went ahead and did my Bachelors in Travel & Tourism in Bangalore and got my Diploma in Aviation too. While I was in my second year of my Bachelors my friend randomly asked me for a favour to be a model for one of her friend's photoshoot. After the shoot my photo created a buzz on the Internet in Bangalore and that's how I started getting calls for various fashion shows and photo shoots. That's when I realised slowly that if my childhood dream can come true in becoming an actress why not go to Mumbai and give it a try? "You never know.. Kuch bhi ho sakta hain"as rightly said by..



Anupam kher sir. I discussed with my parents about my dream of being an actor since childhood but never had the guts to even talk to them about it even though my family is very liberal! My father came to a conclusion that I should finish my graduation first and then pursue my dream. I came to Mumbai after my graduation met few directors and producers, I joined Barry John Acting school. I also got the certificate for the best student in Michael Chekhov acting school as well and later went to New York film academy for acting course. I came back to Mumbai it was really a big challenge after coming back but then I happened to meet Mr. Pahlajj Nihalani at that time he was a chairman in censor board and he said "right now he's not starting a film but when he does he will remember me" Indeed sir is a man of his words ! After a year I got a call from him that he's starting a film and the lead hero in this movie is Superstar Govinda. I screamed so loudly that I couldn't believe my ears that this was really happening!! Thankyou to Mr. Pahlajj Nihalani today I'm standing on this platform as Actress Mishikka Chaurasia because of him.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I feel very overwhelmed and so thankful to be selected for this award, also to my destiny and grateful to the people around me.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

I am very health conscious, I workout & meditate also watch movies and spend time with my parents and my pet dog fortune. On my free time I love visiting holy places, do social work as it brings me satisfaction at the end of the day. I can multitask so I manage and balance things as I am a very vertically aligned person.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I am proud as I have achieved my childhood dream of being an actress.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

If god has brought you here he has further plans too so have patience and faith.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

I believe in the mantra of D3 that is Discipline, Determination & Desire. If one follows this they will never be on the backseat.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If I had a magic stick to change the world I would put an end to double standards, racism and animal brutality.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

There is no need to rush. What is meant for you will always arrive on time.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I feel good as people are participating in this activity and I am really glad to be a part of a good social cause.

To some extent yes but there are many other aspects also when you talk about climate change and global warming.

As a citizen each one has to take this initiative and be a responsible citizen to make this planet a better place to live in.




OSHY TYAGI

BLOGGER/INFLUENCER
THETRAVELLINGBEEE

Travel, lifestyle, Art

Worked closely with CSR

 @thetravellingbeee



*Oshy has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU TELL US A BIT ABOUT YOURSELF AND YOUR CAREER PATH SO FAR?

Hey, this is Oshy and I work as an IT professional along with I also have a huge passion and love for travel and photography. My blogging career started a few years back and I am super happy with the growth and love and support I got from my audience.

WHAT IS IT ABOUT YOUR WORK THAT MAKES YOU WANT TO GET UP EVERY MORNING?

My passion has never been less for my work, hence every day is as exciting as the first one for me. I love experimenting with camera angles and editing, which makes me super charged up and get back to my work.

WHAT PART OF YOUR OCCUPATION DO YOU PERSONALLY FIND MOST SATISFYING AND MOST CHALLENGING?

Consistency! Believe me all these things look super fancy from outside, but being consistent is the most challenging part. Where you have to prioritize between personal life along with the social media presence. But the result is super satisfying for me, I am totally in love with my online community.



WHAT'S THE MOST INTERESTING THING ABOUT YOU THAT WE WOULDN'T LEARN FROM YOUR PROFILE ALONE?

So something very interesting which most people can't find from my profile, is the fact that I'm very particular about my things. I think these days this is called OCD. I like everything in a certain way and if it doesn't happen, I get annoyed very easily. Not so proud!

WHAT SKILLS ARE THE MOST CRUCIAL TO SUCCEEDING IN THIS CAREER? WHAT TYPE OF PERSON DO YOU NEED TO BE?

I am proud of how I managed to restart life in a new surrounding and make a career out of a passion project.

WHAT ARE SOME THINGS OUTSIDE OF WORK THAT YOU'RE IRRATIONALLY PASSIONATE ABOUT?

My recent obsession of trying and making all sorts of food is growing like crazy! From baking different dishes and trying all cuisines makes me want to try everything at home. It sometimes gets difficult as my husband has to eat everything I make. haha

HAVING ACHIEVED WHAT YOU HAVE UNTIL NOW, WHAT ENERGISES YOU NOW TO DOUBLE YOUR EFFORTS IN THE COMING YEARS?

Consistency and integrity. A habitual routine and setting standard SOPs for the brand.

FROM YOUR PERSPECTIVE, WHAT ARE THE PROBLEMS YOU SEE WORKING IN THIS FIELD? WHAT WAS THE BIGGEST CHALLENGE YOU WERE FACING?

If we have to talk about challenges, then one thing I face the most is brands come up with their own promotional idea which somehow kills the influencers creativity. We don't shoot professional ad films. Our audience follows us for our style, which somehow gets hampered if we are just blindly following a certain script. And it also becomes repetitive as fellow creators will do the same kinda video.

MOVING FORWARD, DO YOU HAVE ANY SPECIAL WORDS OF ENCOURAGEMENT FOR OUR READERS AS A RESULT OF YOUR EXPERIENCE?

Start somewhere, anywhere. And, be consistent and diligent with your routine!

ON THE LAST NOTE, WOULD YOU LIKE TO GIVE US AN INSIGHT ON YOUR FUTURE PLANS

My future plans definitely include travel (as if you did not know that, haha) But yes, to keep travelling to new places and try all sorts of food, witness the sunset in every country. Quite cliché, but this is what I plan for.



MANASI DESAI DAS

STRING ARTIST

STRING ART BY IDEAS DESIGNED

*Creative, Therapeutic and Transformative
Art for Spaces*

*String Art Photo Backdrop sized 8 ft by 8ft for Elle Beauty
Design Awards Bombay 2019*

8 String Art Panels for the stage at Elle Beauty Awards 2019

*String Art Frames for photo-op concept and print for the
India Conclave March issue 2018*

*24 panels 4 ft by 4ft each to make one large installation for
the lobby entrance at Adani Greens office building Inspire
Park, Shantigram*

*panel string art frames made for a residential house in
Powai*

*Hosted a solo workshop for a 81 year old man to learn our
abstract design piece. My most priced 2 hours teaching
someone of that age.*

📷 @ideas_designed



*Manasi has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

**CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?
HOW DID YOU GET INTO THE CAREER YOU ARE IN?**

Its been incredible as well as challenging. Starting out with smaller sized designs which led to bulk orders for customised events to finally venturing into large scale designs for interior spaces. The creative energy has been terrific. The platform has been great to meet people who are so eager to give me the freedom of working on something different and the results are so rewarding.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

There's always a requirement for doing something differently creative. While I stumbled on String Art on a vacation it was the most therapeutic feeling to complete a string art piece made by myself. After returning from the vacation I came to realise string art isn't something that is available easily. The journey thereafter has been thrilling when exciting opportunities have presented themselves.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Humbled. Being recognised for what you do as an achievement is a lovely emotion.

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

Well a typical day begins by early rising and doing yoga at least 2-3 times a week, having breakfast as a family of 3 and then my 2 year goes of to play school for a few hours. It gets challenging as my studio space is in my house, so home-management has to be attended by me whenever needed(groceries, parcels etc). I have 2 year old baby girl who while not sleeping enjoys spending time with me. But, having family around always makes things better. I have a very supportive and enthusiastic partner who is equally if not more excited about my bigger projects which require to be finished in a certain timeline, so he balances out by coming earlier in the evening to take our daughter out for playtime. If need be and orders are in demand then after dinner time the work must get done. All the threading and string artwork is done by me.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

- String Art Photo Backdrop sized 8 ft by 8ft for Elle Beauty Design Awards Bombay 2019
- 8 String Art Panels for the stage at Elle Beauty Awards 2019
- String Art Frames for photo-op concept and print for the India Conclave March issue 2018
- 24 panels 4 ft by 4ft each to make one large installation for the lobby entrance at Adani Greens office building Inspire Park, Shantigram.
- panel string art frames made for a residential house in Powai
- Hosted a solo workshop for a 81 year old man to learn our abstract design piece. My most priced 2 hours teaching someone of that age.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Lets get real, adulting is hard, but If you enjoy what you are doing you have to keep going. However everyday is a constant learning process. There is a timeline I like to follow while accepting every order. A Minimum of 6-8 days from the time of order placed (for smaller sized pieces, single or multiple, bulk orders vary) Fortunately all my clients have been very accommodating and realise the importance of it being handmade work.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Patience, perservance and passion. You have the passion for something pursue it, results will follow sooner than later.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

3 is a very small number.

Climate Change
Loneliness in old age individuals
differences in humans based on humans

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Have dreams, its wonderful to dream. The rest will follow.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Hope is the only thing we can survive on. Global Warming is a real issue, we are living in it and visibly seeing the issues affecting us all directly. However planting trees may not be enough, its a great direction and a step forward. The initiative is wonderful and it must be implemented by everyone.



ROOPA SHASTRY

INTERNATIONAL WINNER MRS BOLD & BEAUTIFUL
FOUNDER, NGO SHASTRY FOUNDATION

FACE OF PANACHE RUNWAY 2022

International Winner Mrs Bold & Beautiful

*'showstopper' at Delhi Times, Asian International
Fashion Show*

Queen's League Golden Award 2023

*Founder of a Pharmacy Institution and member of NGO
Shastry Foundation*



*Roopa has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

What began as a journey of self-exploration has since resounded as a multi faceted personality. Achieving the once unexplored, I achieved FACE OF PANACHE RUNWAY 2022. International Winner Mrs Bold & Beautiful is living a true example of what is possible when you galvanize the hidden power of your heart and mind. Founder of a Pharmacy Institution and member of NGO Shastry Foundation, I adorn multiple feathers in my hat - from spreading gynecological hygiene awareness in rural area to adopting villages to promote and provide education. All this and more, while pursuing my passion in the fashion and glamor industry to being chosen as a 'showstopper' at Delhi Times, Asian International Fashion Show and as a brand ambassador for PANACHE and International Legacy. I am also a jury member of Taj Events, Pune and have done magazine shoot for Tycoon Magazine, Dubai. Having high regards for Queen's League Golden Award 2023 and holding the title in high esteem, I believe that every girl is already a queen in her own way. We just need to identify and get recognized in the field where we are working.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

It takes a lot of perseverance to be doing what you love Having been educated in one field and trying to achieve excellence in other is indeed a task Having been conferred with the biggest award in the area of passion proved that if you pursue something with ultimate passion you can scale heights.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Feels like I have achieved yet another feather in my cap. The feeling is making me be on cloud 9. Just loving it.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

My day starts at 5.30 with yoga and workout and ends at 12 midnight Balancing between good health, work, passion, NGO, kids and family is indeed living 9 lives in one.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

At the age when a typical Indian home maker decides to go the family way I got conferred with the biggest award Mrs Bold and Beautiful and today I'm one of the very few in the world to be conferred with one. Indeed proud.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

My love and passion for what I do comes from deep meditation and spreading love through my NGO More I help people more I motivate myself to work harder and have enough to support more lives.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Do what you love and love what you do

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Everyone should be equal in terms of rights eradicate poverty And make the world a beautiful place for all without discrimination.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

There will be lot of hurdles in the beginning never stop at it Be persistent and wait until you achieve your dreams.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I'm really honored to have given the opportunity to plant 100 trees Thanks to The Indian Achievers Club I pledge to plant 100 trees every year from now.



MADHAVI ADALJA

RESIN ARTIST
MADHAVI ADALJA ART


Resin Artist & influencer

Been awarded Entrepreneur of the year 2021 by She the people and google

Been written and interviewed by many magazines and newspapers

I am a proud feeder of stray animals in my community

I have rescued over 80 animals and got them adopted in to amazing families

 @madhavi_adalja



Madhavi has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

With a degree in Commercial Art and a passion for all things bright and beautiful, I started creating gorgeous objects that pay tribute to the natural world reminding us to slow down and helping us reconnect with ourselves.

I do acrylic paintings on canvas which look way beyond the obvious, but with a keen observation and engagement of the subject, with distinctive style that captures portraits of pets and people.

I create one-of-a-kind resin art masterpieces like wall art, tables, coasters, backsplashes, trays, and lots more, that can add to the beauty of any surrounding. I recreate of rivers into your living room with unique river tables, that are made by cutting a slab of wood down the middle and then placing the outer characterful edges of the tree in the middle. This 'valley' is then filled with epoxy resin that can be clear, blue, or any colour, making finished river table looks as though a river is flowing through a valley.

I am an animal lover and my love for these furry creatures by designing stylish, pet-friendly furniture too! I dabble in designing eclectic interiors for friends and family by balancing style and design aesthetics and meeting expectations (or usually exceeding them!) with authentic and vibrant results.



HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Ever since I was a child, I have always been drawn to art. The vibrant colors, the imagination it instills, and the creative freedom it offers has always intrigued me. I have been an ardent admirer of the artwork. As I have grown older, my passion for art has only deepened.

Art has always been a form of self-expression for me. It allows me to communicate my thoughts and emotions without the need for words. I find solace in the stroke of a brush. After painting canvas for so many years I got attracted to resin because the predictability and unpredictability of resin is precisely what makes it so unique and beautiful. The organic, flowing nature of the materials creates a sense of movement and energy that cannot be achieved with traditional painting methods.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It is an amazing feeling. Having got selected amongst millions to the top 99 Achievers of India an acknowledgement of a job well done and justification for the agony, the self-doubt, and the hard work that went into winning them. This is making me feel proud, happy, overwhelmed, delighted and humbled.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

My day starts early with prayers to my Sai. Then respond to email, do a check up on our social media, and then enter my studio to start working on my ongoing projects. I balance my work and feeding my strays and taking care of my animals at home. I like to multitask and balance my work and my personal life. If the tasks to be done are organised and carried out correctly, the volume of work that can be taken on increases.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

MY greatest Achievement is when I was nominated by She the people. Also right now I am working on office space where I have created 18 feet wall, and 11 feet world map which I am very proud of.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Set realistic goals, visualize your success, surround yourself with positive people, take breaks, focus on the process, learn from failures, and keep a positive attitude. Remember that motivation is not a one-time thing. It's a daily practice that requires effort and dedication. Never be afraid of failures. Failures are the pillar of success in life.



WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

I strongly believe in few principles to achieve success? Build high self-esteem Believe in yourself, focus ,have confidence, like and feel good about yourself, take pride in what you do, and you can reach the sky's. Last but not the least Persevere Never quit.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If I had a magic stick, these are the 3 things I would like to change in the world. Being an animal lover and a rescuer I would like to change the way animals are abused , discarded and used .I would wish there would be no strays on the road.All strays find there forever home.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

I would like to give one piece of advice to someone just starting out, is that dream big. No dream is too big, and no dreamer is too small. Focus , dedication and be honest and truthful.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

The tree is the key to a pollution-free environment for a long time because they are responsible for providing oxygen, improving the quality of air, climate amelioration, conserving water, soil preservation, and supporting wildlife. Hence I am so happy that I could be part of the Biggest Tree Plantation Drive in India.



DR. DEEPA SUHAG

SCIENTIST AND TEACHER

Ph.D. in Biotechnology

Full patent from GOI

Research grants worth INR 1 cr. from GOI

Book Editor

Chief Guest at Govt. School Matanhail, Jhajjar for Independence day

 @dr.deepasuhag



Deepa has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I am a generational army brat and while my husband is a Captain in Merchant Navy. When I was a little girl, my father was very strict about my physical fitness and we almost got to a point where I couldn't stand it and would constantly fight with him and festered a lot of anger towards him. Because, while my classmates and neighbours got to "chill" in the swimming pool, if I were in the pool, I was doing straight laps one after the other and out in 30 minutes. Surprisingly, it was never about studies but health in my home. But, today when I look back in time, I am so thankful for everything he did. For all the regime he brought in my life. My mother on the other hand was a "Lauki, Tori, Tinda" and that too was an issue because while my friends ate junk, I hate "grass". Atleast, that is what I felt at that time. Today, I thank both my parents for doing exactly what they did. As for studies, they just happened. I was never the child who stood out academically in school but after college things started to change. I reckon, I was always happier doing Biological Sciences. After finishing my graduation from Delhi University in Biomedical Sciences, I further went on to pursue a double Masters in Biotechnology and Bioinformatics (secured a scholarship) followed by a Ph.D. in Biotechnology. Today, I am proud, full time, working mom and have a full-fledged career in the field of academia wherein my work primarily revolves around tissue engineering, wound healing and high throughput drug screening.



HOW DID YOU GET INTO THE CAREER YOU ARE IN?

It's such a story. So, I never wanted to work. Studies came easy to me, esp. biology and I just organically took on the next degree that made sense to me and after I finished my double Masters I got married. I would always tell my husband that I want to be a housewife and he would say "no problem, but try for a job. If you don't like your job then quit." And before I realised it, I transitioned from first job to enrolling into a Ph.D. program and then before I finished my Ph.D. I had a job and then one thing led to the other. I think, someone, somewhere has been guiding me and looking after me and making me do what's best for me. I have worked very hard to be where I am but I don't think that alone is responsible for whatever I have achieved till date. I have had constant support from god and family.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It feels surreal. I am deeply humbled and would like to extend my gratitude to the jury for selecting me for this prestigious recognition.

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

My days starts really early. Since, my daughter is an early bird, the day almost always begins at 5:45 AM. First thing in the morning, I have 1.5L of water and this is because I don't like water and I like to tick that job off the box first off. After that I freshen up and get my daughter ready for school and drop her off and am back home by 7:00AM. I love my chai and so now its tea time and then that's followed by me getting ready and heading out for work by 8:30AM. I return home by 6:00PM and put my phone on DND then I spend my time with my family. Once I have entered home in the evening, no one can reach me and all my time and focus is on my child and we eat our dinner by 6:30 PM and then my daughter sleeps by 8PM. After that, I take time out for myself and the rest of the family. I strongly feel that no one is busy, it's always all about priorities.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

It might sound very cliché but frankly my daughter is my greatest achievement. And those who know me will vouch for it that the birth of my daughter has shaped me. I am so much more confident and comfortable with who I am and she makes me grow each day. Professionally, I have research grants worth INR 1 crore from Government of India to develop dermal templates and 3D cell culture platforms for cancer treatment, burn wound healing and drug screening and I also have a full patent granted by the GOI.



HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I have had some really tough times professionally, and my husband always told me, just keep doing what you are doing and give yourself 5 years. It might sound like a lot but I think the idea is to look long term and be prepared to work through it. Because, frankly there's no such thing as "overnight success." Also, one must always have faith in the process because you see it's only a matter of time and when the time is right, all your hard work will Always bear fruits. Always!

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

The main principle is "Kaam karo and mitti Daalo and then move onto the next project." But, whatever project you are tending to at that point in time, you should be 100 % invested in the same.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

I am no perfection but if I had my way,

1. I would surely change the way daughters are brought up world over. They need to be empowered from day one.
2. Deglamourize Alcohol.
3. Promote digital deaddiction

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Trust the process and have faith. If you are true to your ideas and are willing to work for it, it's only a matter of time before the puzzle starts to come together. Also, sometimes despite best intentions and efforts, things don't work. In that case, take the hint and move on to the next best thing. It is very important to know when to give up. Giving up is not a sign of weakness, its sign of extreme consciousness. But, give up for the next phase, next chance, next project. The next best NEW IDEA. The VISION is everything.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I feel privileged that I get to be a part of this drive at such a huge scale. I, however, do feel that just planting trees isn't a sufficient solution to address the climate crisis. While tree planting is certainly beneficial and can contribute to carbon sequestration, it's only a small part of it. We must first acknowledge the limited availability of habitable land and only so many plants can be planted and then we have to make sure that the plants survive and grow up to be full grown trees. Also, it's very important to choose the right species because the choice of tree species and location would have a potential impact on local ecosystems and biodiversity. Therefore, unless we cut down on carbon emissions from various sectors, including energy, transportation, and agriculture, there's only so much the trees can do for us.



And, this is where the important and role of Indian Achievers Club comes into play because I believe you not only plant trees but also make sure that they are tended to. This sort of involvement is what we need from every organization. I, thus, want to thank you for making me a part of this great and very noble initiative.

I would also like to add that never follow anyone's footsteps because no two individuals or their lives are same. We all have the same, yet very unique struggles. But, one thing that I wish everyone to follow is discipline and balance. No amount of success will bring you the happiness which a balanced life can.



SHIVANI SARVAJIT PATEL

PHARMACIST, FOOD/CHEMICAL TRADER &
IMPORT EXPORTER, T-SHIRT DESIGNER

the learning book, ziaan hospitality llp, T-niti and cherryblue

Appeared for state basketball competition

Launched THE LEARNING BOOK

Set up trading firm

Started import-export of food and chemicals

Working on my passion by changing career

 @shivap216



*Shivani has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I come from a background in Pharmacy, Executive MBA, Diploma in Hospital Administration. My career path has been diverse which has taken me through teaching, taking up admin role at private hospital, starting up food and chemical trading company, doing the learning book for kids and now working on to pursue my dream of launching my own t-shirt brands. I am excited to see where this journey takes me.

WHAT IS IT ABOUT YOUR WORK THAT MAKES YOU WANT TO GET UP EVERY MORNING?

The sense of fulfilment and motivation I get by following my goal and passion is what keeps me excited to start each day.

WHAT PART OF YOUR OCCUPATION DO YOU PERSONALLY FIND MOST SATISFYING AND MOST CHALLENGING?

The most satisfying part of my occupation is productive communication with clients and timely fulfilling the commitments. On the other hand most challenging aspect is to keep up with the rapid changes in the market/industry and working under pressure while balancing work and life.



WHAT'S THE MOST INTERESTING THING ABOUT YOU THAT WE WOULDN'T LEARN FROM YOUR PROFILE ALONE?

Well, what you won't find on my profile is that I was a state basketball player and I have a creative side to me which I am working on to pursue it.

WHAT SKILLS ARE THE MOST CRUCIAL TO SUCCEEDING IN THIS CAREER? WHAT TYPE OF PERSON DO YOU NEED TO BE?

According to me business ethics, Communication, negotiation skills, networking, adaptability and continuous learning are most the crucial skills in succeeding in career like food/chemical trading. For this you need to be focused, organised and proper risk and finance manager.

WHAT ARE SOME THINGS OUTSIDE OF WORK THAT YOU'RE IRRATIONALLY PASSIONATE ABOUT?

I have this inexplicable love for collecting different types of craft supplies and photography. That invokes my creative passion and sense of joy.

HAVING ACHIEVED WHAT YOU HAVE UNTIL NOW, WHAT ENERGISES YOU NOW TO DOUBLE YOUR EFFORTS IN THE COMING YEARS?

Achieving my goals have been gratifying, but the desire to set even higher goal and explore my capabilities is what energises me to double my efforts.

FROM YOUR PERSPECTIVE, WHAT ARE THE PROBLEMS YOU SEE WORKING IN THIS FIELD? WHAT WAS THE BIGGEST CHALLENGE YOU WERE FACING?

Current problems I see working in this field is fluctuating prices, market volatility and competition. Biggest challenge I face is that Food and chemical industry are highly competitive with new products and entrants constantly emerging, you have to be updated with market changes and competition.

MOVING FORWARD, DO YOU HAVE ANY SPECIAL WORDS OF ENCOURAGEMENT FOR OUR READERS AS A RESULT OF YOUR EXPERIENCE?

One of the most valuable lessons I've learned is that positive mindset and perseverance can make huge difference. The strength you gain from overcoming challenges is simply enduring. Everyday a little push and gratitude is necessary. Power is within you!

ON THE LAST NOTE, WOULD YOU LIKE TO GIVE US AN INSIGHT ON YOUR FUTURE PLANS.

I am working towards making meaningful impact in the fields I am currently working, expanding my network. I want to keep pushing boundaries and embrace the challenges that comes my way. I believe in continuous growth and want to inspire others to achieve their full potential as well.



TARA KHANDELWAL

FOUNDER
BOUND INDIA


Skill-building, Literary Services, Content Marketing

Founded Bound India, one of India's leading strategic storytelling companies

Produce and host India's no 1 books podcast, Books and Beyond With Bound

Launched India's first comprehensive 3-month course on digital, media and book publishing

Edited over 700 books, upskilled over 5,000 creators and worked with over 45 brands

 @tarakhandelwal489



*Tara has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I have been working in publishing/media for the last 10 years as an editor and journalist. I began Bound 5 years ago, with the view to help fill the rising demand for storytellers and storytellers. What began as a writer's retreat, has expanded into an academy for creative professionals, an editorial and literary services arm and a content marketing arm.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I have always been interested in storytelling, and have been a voracious reader. In college, I did a few internships at literary agencies and publishing houses -- and then went on to complete the Columbia Publishing Course. The journey started from there. It was quite by chance that I found these internships and entered the industry.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

I feel grateful to be part of this cohort, but do think that there is a lot more to be done



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

I am a consistent worker. I like to spend some time prioritising and organising my task list and week, because I believe in working smart as well as hard. I have a fixed routine, starting with an 8-9 hour work day, exercise and time with family.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Perhaps taking the plunge and starting my entrepreneurial journey. The journey is definitely not smooth, and to be able to withstand ups and downs requires a certain mindset and the need to constantly take care of one's mental health.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

Reminding myself of the bigger picture and what I am working towards.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Consistency, being willing to fail multiple times, being willing to make a fool of oneself. Most importantly being ok with failing -- that is the only way to learn.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Climate crisis, women's equality, mental health awareness.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Don't be afraid to push yourself out of your comfort zone consistently.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I am most happy about this. In fact, I have gifted my loved one trees on birthdays and anniversaries. It's a great way of giving back in a small way.



RHEA RAI

KALARIPAYATTU TRAINER, THEATRE ACTOR
& THEATRE ARTS TEACHER

Martial Artist, Actor, Healer


Successfully established two Kalaripayattu branches

Spreading Kalaripayattu through schools and colleges

Teaching self defence to kids and adults.

Acted in 15 plays

Healing aged people through meditation and movement

 @kalaripayatturhea



*Rhea has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I have studied MBA PHARMA TECH from NMIMS university. While I continued pharmacy and started working, the 9-5 schedule didn't suit me nor my mental health. I tried to get into a creative field i.e. Theatre which helped me open up as well as widen my creativity.

Through my journey as an actor I have been apart of many spiritual art workshops . One of which was in Shantiniketan, Kolkata where I got introduced to different art forms like Kalaripayattu, Chau, Gotipua, Physical Theatre etc.

I was going through a phase as an actor too due to facing a lot of rejections . Kalaripayattu helped me find a path and stability. I couldn't stop practicing. People who saw me practice in parks and beaches would stop and ask me what is this ? Is it a dance form? Is it from India?

I realised as I'm getting better at it and being a Bharatnatyam dance since the age of 6 , I should help spread this artform.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Through theatre I was lucky to get to know a lot of culturally active members of the society. Kalaripayattu was introduced to me just like that via a theatre workshop. It started off with making my movements swift on stage to making my mind and body be in sync . This is important for a fit body and urban lifestyle.

So here I am as a martial arts trainer who wants to keep people's mind healthy through our traditional martial art style.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It feels good, I know women are known to make a mark in a million ways and that's a fact not just stereotypically true.

Being one of them , feels like just one step up.

I aim to promote our Indian martial art, Kalaripayattu that has been dead for ages and this medium will definitely help me grow. Thank You.

**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

I have a supportive family parents, fiancé and being a dog mom. I make sure I don't get completely sucked in my work.

I wake up early morning everyday for my classes that last for 2-3 hours in the morning and evening . I travel long distance and it does get tiring but I make sure to spend time with my family , take my dog for a walk or out to the beach . I work almost everyday but take a break for a vacation or visit the nature via trek and camps.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I didn't realise it earlier , but later many students of mine started saying that they feel peaceful and comfortable with the fact that I am a female martial artist trainer . Parents , men and women have certain inhibitions for themselves or their loved ones with the way our world is shaping . To promote a little peace and safety would be my greatest achievement.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I love my job but I do get physical challenges and fatigue . But as a sole entrepreneur/ fitness trainer you get the responsibility that doesn't burden you and to just walk through life.

Touchwood my students have been very supportive and meeting like minded people helps me to feel good that reflects in my job.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Accept struggle and criticism. Some may be for your good and the ones that need to avoided, you'll realise through your experience.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Over burdening our Mother Earth.

To help each other and avoid external factors to spread unwanted hatred.

One policy to be made compulsory all over the world and that would be to wake up every morning and do one good thing like plant a tree, feed a stray, share food to the needy. If these tasks not done, then person should be fined (hehehe)

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Work hard.

At first few people will come to you.

Work more hard , criticisms will follow.

Work harder , people will appreciate your skill, experience and help you build your business naturally.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

This is a much needed step, no question asked.

Find comfort in not ruining our Mother Earth but by comforting her via planting trees, saving animals, birds.

I confirm this and assure to be at it for life.



PREET TUSHAR SANGHVI

FOOD CURATOR, F&B CONSULTANT
FOUNDER, GOURMET TALES CO

*Food Curator, International food tourism consultant,
F&B Consultant*

*Founder of Gourmet Tales co (India's 1st food curation
and management company with operations pan India
and Middle east) with a global hospitality network of
more than 600 + F&B Brands, artisans, chefs and QSR's*

Jury Panel of Dubai International Taste Awards

*Food curator for Lollapalooza India (world's biggest
music festival) - conceptualised the Lolla food park
and 30 + large scale events around India and UAE
within 5 years*

*Winner of Masterchef Australia Alumni Loki's Fellowship
2020*

*On the panel of ESP Global culinary consultancy as
International food tourism strategist*

📷 @chubbyguzzler

📷 @gourmettalesco

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Over 9 years in Hospitality Marketing & gastronomy, I've curated global F&B experiences in Mumbai & Dubai. Founded Gourmet Tales Co as a food curator, managing events, festivals, and F&B concepts worldwide. With a Dual Masters in Marketing and Gastronomy, Recognized for gastronomic tourism strategy, food festival IP, and F&B consulting. Aiming to revolutionize Food Studies in India and also continue creating food experiences for events not just in India but globally.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Food curation as a skill or career is quite unexplored. I was always inclined towards the marketing side of F&B and had this great passion for food and how it can make a difference. Whilst just building a network in this industry, I realised the gaps in the industry of events and how food could make a difference and that's when I got into the art of food curation. Travelling around the world, made me realise that if a museum can have curators, why can't an event also have food curators to bring in the best of F&B and create an experience for the audience. And that's how the concept of food curation came into limelight.



*Preet has pledged to
grow trees and help protect our mother earth*

WINNERS
2023



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It feels incredible to be recognized amongst so many talented people. However, as they say with great power comes great responsibility and I feel there is much more I can do to make a difference in my field. I would love to spread the work we do and try getting more people to understand the art of food curation.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

We have 6 months of a very busy events season, i.e. from August - February where I have been curating for more than 10 events. It is quite challenging aligning on so many events together as no event is the same. Myself and my team are very hands on with every project we take up as we get very personal with every event. Hence it is quite difficult to manage personal and professional life however our work also involves a lot of networking, meeting new people and having fun over food which eventually makes it all worth it. The off peak season is a time off for me, I love to travel then and also explore more cuisines around the world. This helps me take some time off for family and myself and also gear up for the next season.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I have curated and managed the food courts for some of India and Dubai's biggest events like Lollapalooza, Bacardi NH7 Weekender, BMW Joytown, Coca Cola Delhi is Cooking, Falguni Pathak Show Dubai, K Wave Festival, Great Indian Dandiya Festival, Bollywood Music Project Jio Gardens and many more. Being responsible to create a food experience to an overall audience of over 5 lakh people and managing more than 100+ F&B Brands - feels extremely special. The simple joy of not just finding hidden gems in the food industry but also creating unforgettable experiences with food for an event feels like the biggest achievement for me.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I won't sugarcoat, but every event is a challenge as we are not just dealing with the events companies, but also with the brands and audiences. However, what keeps me going when things go wrong is going back to my passion for this industry and my work and creating a difference. I am all in or all out, hence I always ensure that even if things don't go smoothly, my end intention is only to put in my best effort.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Sticking to your morals and working towards helping brands to bring out their best in an event.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

1. Culinary Education Integration: Implementing culinary education programs as part of standard education, encouraging a better understanding of food origins, nutrition, and cooking skills to promote healthier eating habits and appreciation for diverse cuisines.
2. Make travel and access to food more affordable
3. Social media comparison in the hospitality field

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

The best advice I can give is that whatever you do, do it with passion. Give in your best to explore different aspects of your field in the initial years and form a vision. embrace learnings and new opportunities and stay curious! I feel I am still learning at every step of my life. It is never enough.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

It feels good to be part of initiatives where I can make a difference. My message to the readers would be to recognize the collective impact of individual actions. Planting trees is a tangible way to contribute positively to the environment. Following the footsteps of achievers who champion environmental causes and sustainability is inspiring and I hope more readers do the same.



AAYUSHI SACHDEVA

PHOTOGRAPHER
FOUNDER - HIRAAAYA BY AAYUSHI

Storyteller, Creative

[@aayushi_s](#) [@hiraayabyaayushi](#)



*Aayushi has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I was drawn to photography from the nostalgia I used to feel looking at her grandparents' extensive visual and oral documentation of their daily lives. It led me to appreciate the true nature of connection one can feel with the unseen narratives of personal identity, languages and the very fabric of human connection.

After completing my Graduation in Film and Video Design from MIT Institute of Design, Pune, I co-founded The Wedding Salad, an award-winning wedding photography company and successfully ran it for 8 years, covering more than 300 weddings under the brand. After taking a break due to the pandemic, I am back shooting weddings under a new brand name "Hiraaya by Aayushi"

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I was born in Ludhiana to an entrepreneur father. Most of our dinner table conversations revolved around running a business. My father was a gadget geek so since childhood we had access to the latest electronic items. When my dad got a handycam I used it to randomly record people around me and even made a short film on my school for the annual presentation. My teachers loved the work and thus began my tryst with photography.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

Being selected as one of the top 99 achievers in India is a tremendous honor. It's humbling to stand out among millions, and this recognition fuels my motivation to continue pushing boundaries in my field.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

For me, one of the main principles to achieve any success is that you have to really love what work you do. That's the only way you can give in hours and hours of meticulous focus to it, without those hours you cannot perfect anything. Perfection comes with love and hard work going into what you create.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

Started my own company at the age of 22
Have won multiple awards for wedding photography.
Documented Delhi and Mumbai receptions for Anushka Sharma and Virat Kohli
Documented Mumbai events for Priyanka Chopra's wedding
Documented multiple events at Antilia.
Have shot over 500 weddings in India and worldwide

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

The routine discipline sustains me, creating a memory for both my brain and muscles. When everything seems to go wrong, it's the only thing that propels me forward.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

I adhere to a set of guiding principles to pave the path to success. Firstly, I prioritize data-driven decision-making, transforming raw information into actionable intelligence. Clear and effective communication stands as another pillar, ensuring seamless interactions with my team, clients, and across various marketing channels. Additionally, I believe in the power of goal setting, breaking down ambitious objectives into smaller, achievable targets for sustained progress.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

wars, climate catastrophes and violence against animals



IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

To fellow dreamers starting their entrepreneurial journey, my advice is simple: embrace resilience and patience. Challenges are opportunities in disguise, sculpting your expertise and fueling your determination.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?


Being part of the Biggest Tree Plantation Drive in India is an immense source of pride and responsibility. Planting trees isn't just a local initiative; it's a global imperative in combating climate change. Trees, the earth's lungs, play a pivotal role in offsetting carbon emissions and fostering biodiversity.



RANJANA SINGH RATHORE

SENIOR JOURNALIST/ NEWS ANCHOR

Journalist, Influencer, Tedx Speaker

 @ranjana_singh_rathore



*Ranjana has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I am simple Girl with Big dreams. I come from a typically Rajput family of Rajasthan wherein girls are still not allowed to have proper education forget about they being doing something out of the box but in my case I never gave up because that little girl was growing up watching her mother. It's a saying that, "only a strong woman can raise another strong woman". And it was all happening in my case too. I was just not growing up, i was also getting stronger seeing my mother fighting all the odds against family and that's what that little girl (Ranjana) learnt while growing that no matter you are a man or a woman you have a voice to speak out and an opinion to put forward.

I started speaking out about my choices in life, about my own goods & bad. And that's where the story starts . I wanted to do Mass Communication because I always wanted to become a Journalist but this wasn't as easy as i have said it here.

I had to fight for the same but down the lane i knew my mother was with me. I made my parents understand about the profession and somehow convinced them let me do what i wanted to do. I did my graduation in BA Mass Communications from Hyderabad (because my father was posted there by then). Then comes the second part where i wanted to move to the capital of the country Delhi for career perspective because all the National News Channels are here. But back in 2016 it was still difficult for me to convince my parents again to send their girl child to the city like Delhi to live all alone.



It was a whole long process of again making them understand about my decisions and choices in life again my mother stood for me and allowed to live my life exactly the way I wanted.

I came to Delhi, started my career from a small Youtube channel. Ups & Downs are part of life and it could never stop me.

From 2017 to 2023 here I am living the life I always dreamt of. Having all the flaws but at the same time having all the courage to accept it and correct it.

One thing I would like to tell all the Girls...Know your potential and Fly High Ladies.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I always had a newsy environment at my home, meanwhile I have grown up watching news mostly so yeah from there the interest developed.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It of course feels great. At this age receiving this prestigious Award, I feel honoured to be a part of that.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

I always believe in being myself, true to myself always and it helps me balancing my both professional and personal life.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

At just the age of 27 I am the highest followed working female journalist of the country on Instagram. Also I am being awarded "Rastriya Siksha Ratan Samman 2022" by the Minister of state in the ministry of defence and ministry of tourism in second Modi ministry Mr. Ajay Bhatt ji for my continuous contribution for educating and spreading awareness amongst people via electronic and social media.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I think positivity is the key. No matter what I try myself to be positive and stay happy about what i have in the present.



WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

Honesty, Hardwork and Being okay with what you have in the present. Keep working hard for what you want just don't rush and never take shortcuts, if misleads.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

I would want to change the process Where people are discriminated on the basis of social, economic and racial inequality.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Don't get afraid. Don't get intimidated.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

I am very fortunate to have to opportunity to be a part of this great initiative. Trees are very important, valuable and necessary to our existence as they have furnished us with two important life essentials; food and oxygen. Apart from basically keeping us alive, there are many other little and big benefits we get from trees. So, trees are vital resources for the survival of all living beings. So I would request you all to plant more and more trees to make this world a better place to live in.



AR JANHAVI KULKARNI

ARCHITECT
J DESIGN

Architect, Entrepreneur, Sportperson

[@janhavi_jdesigns](#) [@jdesign_architects](#)



*Janhavi has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

I received my architecture degree in 2009 post which I completed a masters in sustainable building design from Oxford Brooke's University UK. After returning to India, I worked with leading real estate companies to gain experience in my field. Finally started my own firm under the name of J Designs, our USP being luxury villa design and build.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Coming from a real estate family background I always wanted to be an architect. Designing came naturally to me, and coupled with the joy you get from giving someone a beautiful and functional space to call home, I knew this would be the right career choice for me.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

The feeling is truly humbling. I can't express in words how validating it feels to get selected for such a prestigious award.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

My typical day starts at 6.00am with little bit of walking or yoga depending on the time. I generally spend the morning with my son before he goes to school and then I reach my office at 9.00am sharp. As an architect invariably we have to be on site and since we are into villa designs our projects are all out of mumbai. So I travel to sites, finish my meetings on site and try getting back to the city by 7pm to spend some quality time with my son before he sleeps.

This is how I balance my work life schedule.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I have won national and state championship in table tennis in inter school tournaments. I have represented Maharashtra in open National table tennis tournament. I have also won several state championship team trophies. I play all kind of sports and that is something I am extremely proud of.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

I think affirmations are my biggest strength. So when things don't go in the right direction I take it in my stride. Because I feel every failure prepares you for the biggest success. So I strongly believe whatever happens, happens for the best.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

I strongly believe in being ethical as per the guidelines of my profession and it has always given great results. Patience and sincerity are also virtues that pay off eventually. Be true to yourself and everything will fall in its place.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If I had a magic stick I'd definitely change all the negative energies around me to positive energies.

I feel in the race to achieve something we have somewhere lost humanity. I'd like to get that back.

And thirdly since I am an architect I'd like make our planet and day to day living more sustainable and GREEN.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Just be true to yourself and your profession with dedication and success will come knocking at your door before you know it.



HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

Being an architect myself I definitely understand the importance of having a plantation drive and how it affects global warming. Infact I practice forest kind of plantation in my projects too. So I feel everyone to do their duty of Planting as many trees as they can year on year to make this planet more livable for future.



SUDAKSHANA CHATLA

FOUNDER
THE SAP MEDIA

Creative Entrepreneur, Story teller, Host

Successfully hosted the Tata Sky talk show

Awarded as Women Entrepreneur 2022 by Lokmat

Associated with multiple NGOs

Successfully started a company (THE SAP MEDIA) at the age of 23

5.100+ Episodes of Indian Talk Show

 @sudakshanachatla



Sudakshana has pledged to grow trees and help protect our mother earth

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

Starting my journey at 23, my heartfelt mission was to pave the path for increased female representation in business and leadership. My focus: provide an inclusive platform for all to share their stories, regardless of age, support, or resources. I built my venture The SAP Media with zero capital from scratch, embodying successful entrepreneurship.

Each stride I've taken revolves around dismantling barriers, amplifying voices, and forging an inclusive, empathetic world. My purpose-led approach is my compass as I navigate the intricate landscapes of business, advocacy, and empowerment. Today, I am working with whos and whos of the Industry and while generating employment for the people around me.

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

I have grown up around powerful men who have changed the world around them, only to see powerful women not able to achieve their dreams. All my life I have been on the stage, performing, dancing, speaking. That gave me the power to become a successful story teller. I started working at 19 - the goal to become financially independent turned into a goal to inspire thousands of women around me to become financially, emotionally independent. I worked at a startup as a social media manager, that's how it became my passion and now my business. Because social media is the best platform for all types of storytelling and that's how my mission to tell my story and thousand others came into existence.



HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It's incredible to even stand with women who have done and achieved everything I want to be. Every woman inspires me and today to share the title with them makes me proud and I thank Indian Achiever's club for giving me this opportunity.

CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY? HOW DO YOU BALANCE WORK AND FAMILY LIFE?

I underestimated this alot. I was working 20 hours a day hustling between two jobs and then my own company only to see my health destroyed. That's when I promised myself that it will be me over everything else. Life changed the moment I started my spiritual journey, from self care to discipline, things started playing an important role in my work life balance. Today, I am up at 5.30. I get done with yoga, meditation, and healthy food, ayurvedic lifestyle and seeking knowledge from the best people / books and coming back home to happiness is my mantra.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

We usually miss out on small things while we run behind the numbers. For me the greatest achievement would be a girl from a small town Solapur, lost in the world of name, fame and number, found her calling, her individuality, challenging the unhealthy norms of the society made it to the top. Followed by which many girls from the town, learnt to stand up for their dreams.

From that to being on TV as a storyteller to working with incredible people like D.Y.Patil, Dr Madhu Chopra (Priyanka Chopra' Mom) and all others are a few achievements.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

- Faith in god
- Trust in self
- Healthy discipline and focus

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

- Smart work over hard work,
- Kindness over power
- Love for mind, body and spiritual growth



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

- Equal opportunities for all
- Sexual education & Finance education mandatory in schools
- Reduce the exploitation of nature, we have done enough

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

- Don't be too hard on yourself
- Learn learn and be open
- Delegate as much as possible
- Get your finance education

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

It's incredible. As someone who loves doing kitchen gardening, I am constantly trying all the ways to reduce the use of any substance that's harmful for the environment. So, I would like everyone to do this atleast once in a lifetime.



DEEPA YASHWINI

SMALL BUSINESS OWNER

HOUSE OF DRIP

*Candle making instructor, Chandler (Candle maker),
Entrepreneur*

*Creator and inventor of the famous Motichoor Laddoo candles
and other Indian Dessert Candles*

Successfully taught this art form to over 3000 + students

*Helped over 1000+ people to start their own candle making
business from home*

*Featured in newspapers like The New Indian express, Deccan
Herald, Times of India*

Conducted various workshops for free for NGOs

[@houseofdrip._](#)



*Deepa has pledged to
grow trees and help protect our mother earth*

**WINNERS
2023**

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS?

The journey has been such a roller coaster ride so far. I did my Bachelors degree in Fashion designing and took over the family business of garment industry. But I never got an opportunity to bring out my creative side there. So one day while scrolling instagram I was so intrigued by the Dessert and Food Candles that were very famous in South Korea and it immediately struck me to create them for the Indian audience and thats how House of Drip was born

HOW DID YOU GET INTO THE CAREER YOU ARE IN?

This career was never planned. It just happened with a thought. I started creating Artisanal candles without even any knowledge in this art form and being completely self taught helped me to learn more.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It brings me immense pleasure to be a part of this elite group and to be part of India's biggest plantation drive.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

I start my day by planning the orders and creating them. My work and personal life balance is good because I get immense support from my family.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I have been sharing my knowledge and taught over this artform to over 3000+ students and have helped create many women entrepreneurs to start their own candle making businesses. Also been featured in various magazines and newspaper.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

When things don't go as planned I always consider the positive parts of the journey and encourages me to keep going.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

The most important principle is to work hard. No matter how far you are in this journey there's no achievement without hard work.

IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

Stop poverty and hunger, provide health care to stray animals and help revive the earth's atmosphere from all the pollution.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Just start. Don't think too much about starting. Only when you start is when you learn from it and grow.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

It feels amazing to be chosen to do something for the environment. And this should reach more people and everyone should do thier part. Planting a tree is not only going to help us but all our future generations.



SHWETA POWAR

FOUNDER & CEO
ARIA COMMUNICATION



*Shweta has pledged to
grow trees and help protect our mother earth*

WINNERS
2023

Q & A

CAN YOU PLEASE SHARE YOUR JOURNEY SO FAR WITH OUR READERS? HOW DID YOU GET INTO THE CAREER YOU ARE IN?

Having come from a humble middle class background, I completed my graduation and postgrads in mass communication while working with the aviation industry. While in aviation industry for nearly two to three years I realized my appetite was not full and I always aimed for doing something differently, starting something that I was passionate about and that was something that led me to start Aria communication. Aria is a complete brand communication and PR agency catering to real estate, health care, lifestyle wellness and celebrity PR.

HAVING GOT SELECTED AMONGST MILLIONS TO THE TOP 99 ACHIEVERS OF INDIA, HOW DOES IT FEEL?

It is truly an honor and a humbling experience to have been selected among the top 99 achievers of India. Being recognized on such a scale is an acknowledgement to my hard work, dedication, and passion that have been invested in my pursuits. I am grateful for the opportunities that have allowed me to excel, and I see this achievement as a motivation to continue striving for excellence. It's not just a personal triumph but a reminder of the support and encouragement from my family and loved ones.



**CAN YOU DESCRIBE/OUTLINE YOUR TYPICAL DAY?
HOW DO YOU BALANCE WORK AND FAMILY LIFE?**

Balancing the demands of running Aria Communications, my PR business, with family life is a dynamic everyday challenge. My mornings kick off early where I do a mix of personal rituals, from meditation to family breakfast. As the day unfolds, I am fully engrossed into the professional demands, managing client meetings, strategizing PR campaigns, and collaborating with my team. Lunches, on the days I can manage them, offer a breather. In the afternoons, I continue client work and engage in networking activities. Evenings involve reviewing the day's accomplishments, planning for the next, and enjoying dinner with my loved ones. In the night I do a bit of reflection and preparation the next day. This daily rhythm allows me to do my best professionally while also cherishing moments with my family.

IN RETROSPECT, CAN YOU SHARE SOME OF YOUR GREATEST ACHIEVEMENT TO BE PROUD OF?

I think my greatest achievements have been the little changes I have been able to bring out in the lives of people. I did a story on a woman who is a dance teacher and does not have legs. The reality show 'India's Got Talent' got in touch with her after coming across my video and it changed her life. I did a story on a old street side painter which got around 10 million views on the Internet and all his paintings got sold out. I did a video on a school boy who invented a smart shoe and he got offers from prestigious companies like 'Bata' and 'Ajanta'. The money helped him a lot because he comes from a poor family. I think these are my achievements because a positive change in the lives of people matters to me more than anything.

HOW DO YOU ENCOURAGE YOURSELF TO KEEP WALKING WHEN THINGS ARE NOT GOING AS SMOOTHLY AS PLANNED?

During challenging times, I fuel my willingness to work harder by viewing setbacks as opportunities for growth. I break down issues into manageable tasks, maintaining a positive and solution-oriented mindset. I have realistic expectations and the fact that I acknowledge imperfections keep me motivated. In the industry I work in I understand that adaptability is the key, allowing me to adjust plans as needed. Embracing each step, even in adversity, contributes to my overall journey.

WHAT ARE THE MAIN PRINCIPLES YOU FOLLOW TO ACHIEVE SUCCESS?

I am a firm believer in time management and discipline, I prioritize these principles to maximize productivity and achieve success. Setting clear goals and deadlines helps structure my time effectively, ensuring tasks are completed efficiently. I adhere to a disciplined routine, allocating specific time blocks for various responsibilities. This approach allows for better work-life balance too. I adapt to changing demands of the day by regularly reviewing and adjusting my schedules based on priorities. I also recognize the importance of maintaining focus, overcoming challenges, and consistently delivering high-quality work. Time management and discipline are time tested pillars of professional success.



IF YOU HAD A MAGIC STICK, WHICH ARE THE 3 THINGS YOU WOULD CHANGE IN THE WORLD?

If granted a magic wand, my focus would be on transforming three critical aspects of the world. Firstly, I would eradicate all forms of illness for, ensuring every child has access to quality healthcare, nutrition, and a safe environment for maximum growth and development. Secondly, I would eliminate terrorism, encouraging global cooperation, understanding, and dialogue to address root causes and build lasting peace. Lastly, I would use my magical influence to curb pollution by promoting sustainable practices, renewable energy sources, and environmental conservation efforts to preserve Mother Earth for future generations.

IF YOU HAD ONE PIECE OF ADVICE TO SOMEONE JUST STARTING OUT, WHAT WOULD IT BE?

Starting one's own business is always challenging, it's not a piece of cake for anyone. For anyone trying to make it into the business community it is important to understand that the world is changing rapidly and it is important that you are equipped with knowledge of trends in the Indian as well as global market. If you are knowledge driven, can manage time well and understand the customer's requirements it is easier to make place in any industry.

HOW DO YOU FEEL BEING PART OF THE BIGGEST TREE PLANTATION DRIVE IN INDIA?

You think Planting of trees is a solution to the Global Warming and Climate change? Any message you wish to share with the readers about Planting trees and following the footsteps of an Achiever like you?

It's heartening to witness collective efforts towards a greener and more sustainable future. Planting trees is undoubtedly a significant step in combating global warming and climate change. Trees not only contribute to enhance the overall environmental quality. As people in the communications industry, we have a unique role in amplifying the importance of such initiatives and encouraging others to participate.

I encourage everyone to integrate environmental responsibility into their life and work ethos. Small steps, like adopting green practices and promoting sustainability, can collectively lead to significant positive change. We should all inspire each other to create a future where success goes hand in hand with greener planet.